

Cognitive Abilities Activities Handout

Non-Verbal Skills

Puzzles (Reconstruct and create)

Blocks and building toys

Robotics

Erector sets

Lego's or K'Nex (especially using pictures)

Rubik's cubes

Mazes, Checkers

Tic-Tac-Toe

Connect the Dots

Find-a-word puzzles

Memory Games

Games to play...What color is it? / What object is it?

Identify similarities and differences between shapes in the world around you

Tangrams

Visual pictures to build or design, e.g., treasure hunt maps, architect designs

Patterns and the Arts

Music

- Tap out rhythms recognizing when patterns change
- Twinkle, Twinkle Little Star
- William Tell Overture
- Rodeo – Aaron Copeland
- The William Tell Overture – (Introduction, Theme(s), Transition, Conclusion)
- Dance

Verbal Skills

Read Headlines

Jokes

Riddles

Limericks

Poems

Pay attention to song lyrics

Newspapers are a fun source for focused awareness regarding verbal meaning

- Consider these headlines...
- Eye Drops Off Shelf
- Squad Helps Dog Bite Victim
- Dealers Will Hear Car Talk at Noon

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