Bio:

Dr. Maiysha Clairborne is an Integrative Physician, Consultant, Coach, and Trainer, and founder of the Mind Re-Mapping Company. She helps leaders and organizations create trauma-responsive, psychologically safe cultures using her R.E.M.A.P.™ Framework—blending neuroscience, communication, and equity into actionable tools for transformation.

Dr. Clairborne is a thought leader in a growing movement toward trauma informed communication, creating environments where people feel seen, heard, respected, valued, and welcomed. She is known for bridging insight and application, empowering teams to shift communication breakdowns, navigate complex tensions, and address burnout with courage and skill. Her practical approach sparks lasting changes in behavior, trust-building, and leadership effectiveness.

A graduate of Emory University and Morehouse School of Medicine, Dr. Clairborne's expertise and impact spans across corporations, hospitals and major healthcare systems as well as educators and school administration. A two-time TEDx Asheville speaker, she hosts the podcast *Beliefs, Behaviors, Communication & the Brain*, and is the author of *The Wellness Blueprint.*