



Vita Steina
Founder and Chair
Latvian Patient Experience Association

Vita Steina is a patient experience expert based in Latvia, working at the country's two largest university hospitals. She is the founder and chair of the Latvian Patient Experience Association (LPPA), a national organization dedicated to advancing patient experience measurement and improvement across healthcare settings. She also served as an advisor to the Minister of Health of Latvia for two terms and now is a member of the The Lancet Commission on the European Health Union, contributing to discussions on the future of healthcare systems in Europe.

Vita is a Fellow and member of the Global Council at The Beryl Institute, the leading global community dedicated to improving the human experience in healthcare.

Alongside her professional activities, Vita is pursuing a PhD at Riga Stradins University. Her research focuses on the early post-discharge period following ischemic stroke, examining how patients' experiences of care may influence health-related quality of life and mortality outcomes.