



John McDonald

President and Chief Executive Officer

John McDonald serves as the President and Chief Executive Office at Peterson Health. John began his healthcare career as a Patient Care Technician on a Med/Surg unit at Houston Methodist Hospital. He then held various roles in medical staff services, wound care, and physician practice management before leaving Houston to join Northwest Texas Healthcare System as an Assistant Administrator and later as Chief Operating Officer. For the past decade, he has worked for Healthcare Corporation of America (HCA) as a hospital Chief Operating Officer and Chief Executive Officer.

His exposure to healthcare began at an early age, as his mother, grandmother, and sisters were all nurses. Although he initially planned to become a physician, he fell in love with the business and leadership aspects of the healthcare industry. John believes that working in healthcare provides the privilege of making a significant impact on people's lives, which he finds personally rewarding.

John was born and raised in Baytown, Texas, and attended Texas A&M University, where he met his wife of 19 years, Jessica. Jessica grew up in Pleasanton, Texas, and they have many relatives in and around San Antonio. They have two daughters: Kate, who is 15 and will be a junior at Tivy High School, and Claire, who is 12 and will be in 7th grade at Peterson Middle School. John enjoys outdoor activities such as hiking, camping, hunting, and fishing, and his favorite food is Texas-style barbecue.