

**Kristen Woodrum McDermott**

Healthcare Regulatory and Transactional Partner,  
McGuireWoods LLC.



Kristen is an experienced healthcare attorney, recognized for her strong transactional practice and significant regulatory capabilities. Kristen works across the healthcare industry on innovative and collaborative approaches to healthcare delivery and payment and enjoys advising providers and investors on transactions aimed at unlocking value.

Kristen has extensive experience advising health system and provider clients on strategic affiliations, joint ventures, physician alignment strategies and emerging healthcare delivery and payment models. She also works with private equity investors and portfolio companies on transactional, operational and regulatory matters. Kristen has experience across the spectrum of provider and supplier types, including physician services, hospitals, ASCs, imaging, PT/rehabilitation, behavioral health, DMEPOS, laboratory, and home health. She also works with other healthcare entities, including CINS, ACOs, IPAs, life sciences companies and tech-enabled service vendors.

Healthcare laws are complicated and continually changing. Kristen appreciates how economic and policy developments impact healthcare arrangements and works closely with clients to anticipate and navigate issues. Kristen enjoys collaborating with founders and investors to develop compliant strategies for scaling investments and working with large established clients to rethink current strategies and arrangements to address patient needs and stay competitive.

Kristen regularly publishes content and gives presentations across the country on healthcare transaction trends and policy changes presenting challenges and opportunities within the healthcare industry and enjoys continuing the discussion with her network.

Kristen's background includes clinical and management roles in the behavioral health field prior to obtaining her JD and MBA from Tulane Law and Freeman School of Business.