Scholarship Application
For Lay and Clergy of Lake Huron Presbytery

The Presbytery of Lake Huron is in partnership with adults to develop skills and insights for leading members into active discipleship.

Name: Dawn Russell Phone 919-428-0443

Address: 16423 Hilltop Drive. Linden, Mi. 48451

Congregation: Linden Presbyterian Church City Linden

Criteria for Adult Scholarships

1. Responses given to questions should demonstrate how this experience will facilitate congregational efforts to make disciples of those already present in the congregation as well as those outside the congregation.
2. Applicants may demonstrate how this experience will result in spiritual renewal for them.
3. Applications received six weeks or less prior to the event, may not be considered until after the event is over.
4. The amount requested is not limited, however financial support from the Presbytery will not exceed 1/3 of the total cost of the event. Financial support from the congregation is expected. First time attenders are given priority.
5. To allow for multiple people from multiple congregations to receive scholarships, the number of scholarships requested and granted to an individual or to members of a particular congregation will be monitored and limited.

Title of Event: Spiritual Director Certification Sponsor The Haden Institute

Location Kanuga Conference Center. Hendersonville, NC Dates September 2023 - April 2025

- over -

EXPENSES:

Registration Cost	$ 7000	
Travel Cost	$ 2400	
Food and Lodging Cost	$ 3720	
Materials, if required	$ 360 approximate for books	
Other (specify)	$	
Total expenses		$ 13480

FUNDING:

Personal	$ 2400	
Local church	$ 6640	
Items a. and b. for clergy and lay staff:		
a. Continuing Ed amount in church budget is $ 4073/year		
b. Amount from that item being used for this event	$ 3320/year	
Other (specify)	$	
Amount requested from Presbytery	$ 4440	
Total Funding		$ 13480

Financial support from the Presbytery will not exceed 1/3 of the total cost of the event.

Please use a separate sheet to provide brief answers to the following questions.

1. What is the content of the conference/workshop/event being attended? Please attach a blank registration brochure (or a copy).
2. How does this content relate to the plans and strategies for ministry of your congregation?
3. How do the plans and strategies for ministry named above relate to the Presbytery's Mission Statement and Directional Signals?
4. How will this event help you develop leadership skills needed to implement plans and strategies of your congregation?
5. How will this event nurture your own spiritual growth?
6. Have you attended events of this nature before? And if so, how many times?

Approved by Session on: _____ Signature of Clerk: _____

Signature of Applicant Rev. [signature] Date: 11/8/23

SEND APPLICATION TO: Presbytery of Lake Huron, PO Box 6129, Saginaw, MI 48608

Revised: May 22, 20223

1. **What is the content of the conference/worship/event being attended?**
   This is a two-year Spiritual Direction program. It includes six 4-day in-person intensives, long distance learning (reading and writing reflections, verbatims, personal spiritual development through journaling and mentoring) as well as a culminating project/paper. We will explore Jungian psychology, dreamwork, the Enneagram, Myers Briggs Type Indicator, spiritual practices and more. Please see the attached Course Introduction for a detailed description of the program.

2. **How does this content relate to the plans and strategies for ministry of your congregation?**
   Through my participation in this program, I will study and bring to light in worship, bible study and counseling that which I have learned. Engaging God in new ways brings a freshness to our relationship, a relationship that continues to grow and change and stretch us.

   Also, my listening skills will be enhanced through this process not only hearing the voices of my congregants in counselling settings but listening to the voice of God for direction in engaging the discussion.

3. **How do the plans and strategies named above relate to the Presbytery's Mission Statement and Directional Signals?**
   Listening to the Spirit of God for the direction of the church and for the Presbytery is not one of laws and rules but one of grace. Holding the movement of God loosely allows me to step out of the way and trust the work of the Holy Spirit. This is the very nature of the Spiritual Direction Certification program.

   Over the past several years I have found myself exploring the movement of the Holy Spirit with colleagues as they seek to discern their next steps in ministry. This training will bring more depth to my listening and directing.

4. **How will this event help you develop leadership skills needed to implement plans and strategies of your congregation?**
   Through the study of the Enneagram and Myers Briggs Type Indicators, I will gain insight on the interactions of my Session, bringing to light the pitfalls of how and why we function as we do and hopefully find ways to step out of our old patterns.

5. **How will this event nurture your own spiritual growth?**
   Spiritual growth is the intent of this program. Through the readings, self-reflection and spiritual practices explored I will have no other option than to focus on my personal spiritual growth. It is/will be a spiritual boost as I engage my 7th year of ministry at Linden. In many ways, I consider this a sabbatical.

6. **Have you attended events of this nature before? And if so, how many times?**
   I have not attended any events of this nature before. This is CREDO on steroids.

THE HADEN INSTITUTE:
SPIRITUAL DIRECTION TRAINING

Course Introduction:
What to Expect and How to Get Started

Welcome to the Haden Institute. We are delighted you have chosen our two-year certification course to deepen your spiritual journey and to develop skills in the practice of spiritual direction. At the core of our teachings is the belief that Spiritual Direction is the practice of being with another as they journey to become fully who they are created to be. Our participants develop welcoming, listening, and hospitality skills, as well as greater awareness of their own journey. The course encourages individuals to deepen their relationship with the Divine, integrate learnings through mind, body, and soul, and to practice spiritual direction with individuals and in groups.

As you begin the course, you will be assigned a mentor who will be with you, encouraging and supporting you throughout your time in the course. In addition to time spent with your mentor at the intensives and monthly group meetings, you will speak individually with your mentor after the first intensive, halfway through the course, and at the final intensive. These are times for you to ask questions and let your mentor know what is most interesting to you in the course work. Reading books, writing reflection papers and other assignments are to help broaden one's views of the spiritual life and spiritual direction. You will receive first contact from your mentor as soon as they are assigned.

As a participant in the Haden Institute Spiritual Direction training course, you will:

- **Gain knowledge and understanding** of the art and practice of spiritual direction in contemporary spiritual life.
- **Develop a fundamental knowledge of the seminal ideas of Carl Jung** and their application in the spiritual direction process.
- **Become acquainted with the mystical and contemplative practices** of Christianity and other religious and spiritual traditions.
- **Deepen your spiritual journey and inner awareness** with a variety of contemplative, creative and embodied practices as tools for personal growth and maturity, as well as for use in spiritual direction.
- **Integrate intellectual learnings** through experiential practices such as journaling, poetry, guided imagery, collage making, mandala making, meditation, labyrinth walking, embodiment, and energy exercises.
- **Develop knowledge of the function of dreams in spiritual direction** and develop confidence in using dream work with individual directees and with groups.

- **Gain an understanding of the Myers–Briggs Type Indicator and the Enneagram** and their use in spiritual direction.
- **Develop spiritual direction skills** with guided practice of both group and on-on-one sessions in your cohort as well as with your directees.
- **Understand practical methods** for creating a spiritual direction practice and building a community for your work.

Course components include:

- **Six 4-day learning intensives**
  Intensives are the heart of the program and include lectures, small group instruction with your mentor group, daily sabbath time with creative expression and embodiment opportunities, and evening social events. The intensives are held at Kanuga: Conference, Retreat and Camp Center. Each intensive begins early on Thursday afternoon and ends after breakfast on Monday morning. You are expected to be present and engaged at the intensives in order to complete the program. If you must miss an Intensive, your mentor will work with you to determine how to make up the intensive work.
  Please mark these intensive dates on your calendar:

  September 14-18, 2023
  January 18-22, 2024
  April 4-8, 2024
  September 12-16, 2024
  January 16-20, 2025
  April 3-7, 2025

- **Distance learning**
  - **Writing reflections** on assigned books, practices, and topics
  - **Attending monthly online group meetings** for sharing questions, concerns, participating in a dream group, a spiritual direction practice session, a verbatim reflection, or other group instruction
  - **Preparing and sharing verbatims** to practice and reflect on the art of spiritual direction
  - **Writing a series of short papers** on topics integral to spiritual direction
  - **Working with personality inventories:** Myers Briggs and Enneagram
  - **Continuing your personal spiritual development** through activities like:
    - Keeping a journal of your dreams and spiritual awakenings
    - Meeting regularly with a spiritual director
    - Developing your ongoing contemplative process
    - Practicing creative embodiment in modalities of your choosing
  - **Summarizing your learnings in a culminating project or paper** focusing on areas of high energy and describing any meaningful transformations occurring over the course of your two years in the program. You will work with your mentor to determine the topic and format for this project.

Initial Assignments:

- **Begin working with a spiritual director and keeping a journal, including recording dreams that you recall.**
- **Write a spiritual autobiography using the instructions below.** The paper is an opportunity to see how God has been in/out of your life, how your experience of the Divine has evolved, and to view your own personal growth over the years. This paper is held in the strictest confidence and must be submitted to your Mentor and to Allen Proctor, Director (allen@hadeninstitute.com) prior to attending the first intensive.
- **Begin reading Margaret Guenther's book *Holy Listening* and submit a reflection paper on the book to your mentor.** We have provided a form (Spiritual Direction Reading Reflection Form) for you to use to focus your reflection. Have this assignment completed prior to the first intensive if possible.
- **Watch some of these videos as an introduction to Carl Jung's work and Dream work:**
  - Introduction to Carl Jung Part 1 - The Psyche, Archetypes and the Collective Unconscious
  - Introduction to Carl Jung Part 2 - Individuation, the Persona, the Shadow, and the Self
  - Carl Jung and the Spiritual Problem of the Modern Individual
  - Carl Jung - What are the Archetypes?
  - Carl Jung and the Achievement of Personality
  - Carl Jung - the Power of the Unconscious and the Importance of Dreams
  - James Hollis - Taking Your Dreams Seriously

- **If you wish to look ahead to the reading next assignment**, you will be asked to write a reflection paper on The Mystic Heart: Discovering a Universal Spirituality in the World's Religions by Wayne Teasdale.

Instructions for writing your Spiritual Autobiography:

This paper is an opportunity for us to get to know you before the first intensive. We are mostly interested in what brought you to the Spiritual Direction Training course and where you see yourself taking this work after you complete the training. We have provided some prompt questions below. You do not have to address all of these prompts in your paper – these are simply suggestions to help focus your writing. We recommend that you go to a quiet place where you will not have any interruptions and have a period of silence or meditation before beginning to write. Attempt to "stream of consciousness" write the major portion of the paper in one sitting.

- Tell your personal story from birth to the present with its highs and lows, trying to focus on five to seven milestones which are important to bringing you to this training course and the practice of spiritual direction.

First Intensive

Your first intensive is coming up shortly. These are the topics that will be covered at your first intensive. Instructions and a schedule of the weekend events will be sent out in advance of the meeting date.

September 2023

Diana McKendree

- Anam Cara: The Celtic Spiritual Friend Tradition

Catherine Meeks

- Individuation and Spiritual Transformation: An African American Experience

Bill Hobbs

- The Use of MBTI Typology in SD I
- The Use of MBTI Typology in SD II

Kelly Carpenter and Rabbi Mark Cohn

- Job: The Suffering Spiritual Director

Karen Campbell

- SoulCollage®: Using Expressive Arts in Spiritual Direction

Small Group

- Spiritual Autobiography Sharing (This sharing does not have to include your entire paper – you are invited to share what you are comfortable sharing and the part of your story that is most helpful for allowing the group to get to know you.)
- Introduction to the Psyche and Carl Jung's Work – Jung 101
- The Art of Spiritual Direction
- Image as Portal

In addition to the planned presentations and group work the in-person intensive also includes opportunities for making connections and discussing the large group sessions in greater depth during meals and evening social times. Each day has a Sabbath time scheduled which can be used for creativity, rest, and reflection, and Sunday afternoon includes several hours of silent retreat.

- Tell what excites you, gives you energy and feeds your soul; tell what your soul wants right now.
- Indicate the level of your knowledge of Jungian Psychology. Tell how Jungian psychology is helpful to you in your relationships and personal growth. Comment on any counseling/spiritual guidance you currently offer, and any analysis/counseling/therapy you have received.
- Tell how your experience of the Divine, and your theological or spiritual understanding has changed, if it has, in the last ten years.
- Describe your experience of spiritual community, and where you find that community now.
- Describe how you view yourself in the future, and how you anticipate using this training.

Please make sure your name, Item #01 and Spiritual Direction Training are included in the heading of your paper. We like the paper to be seven to ten pages (3,400 to 3,800 words) double or 1.5 spaced. Email the paper to your Mentor and to Allen Proctor, Director (allen@hadeninstitute.com) as soon as you complete it.



THE HADEN INSTITUTE
PAYMENT POLICY

Tuition schedule for the class starting in September 2023:

August 7, 2023 – $875 – 1st Tuition payment due

Oct 15, 2023– $875 – 2nd Tuition payment due

Dec 15, 2023– $875 – 3rd Tuition payment due

Feb 15, 2024 – $875 – 4th Tuition payment due

Jun 15, 2024 – $875 – 5th Tuition payment due

Aug 15, 2024 – $875 – 6th Tuition payment due

Dec 15, 2024 – $875 – 7th Tuition payment due

Feb 15, 2025 – $875 – 8th Tuition payment due

Lodging for each intensive:

Lodging costs currently range between $460 - $620 per Intensive depending on your housing preference. This rate includes all meals.

For those who live locally and prefer to commute each day, the rate is $20 per day plus meals. (Breakfast - $10, Lunch - $15, Dinner - $20)

Tuition fees are invoiced approximately 30 days in advance of the due date above, except for the initial tuition payment.

Room and board or commuter charges for each intensive will be invoiced separately, based on your lodging and/or meal selections, prior to each Intensive.

Withdrawal Policy:
Should a student choose to withdraw from the program they will be required to pay tuition through the payment period that has already begun when the office receives notice of the withdrawal via mail or e-mail to the Haden Institute office. Withdrawn students may rejoin the program at a later date at the tuition rate that is in effect at the time of rejoining.