



Petra Women's Mentoring Resources

Freedom:

- Freedom Study – A 12-week study with conferences in May & December
 - Replace performance with peace, break off shame, live in the Spirit, choose forgiveness, speak words of life, replace judgments with blessings and more.
 - For more details, visit www.petra.church/freedom

Mentoring Journals:

- "Lineage of Love: Intentional Living for Women"
 - Can be completed in its entirety over a years' time or you could use this to focus on one of the topics such as Priorities, Identity or Perspective.
- "Flourish: A Mentoring Journey" by Passion City Church
 - One-year mentoring journal
 - Can be completed in its entirety over a year's time or you could use this to focus on one of the topics such as The Word, Prayer or Identity.
- Contact Tina Martin if you would like more information regarding these mentoring journals

RightNowMedia:

- Free media resource provided by Petra Church
- You could watch the video sessions between mentor meetings and then take time to discuss them during your face-to-face times together.
- There are so many different studies to choose from including "Perfect Love" by Lisa Harper, "Every Good Gift" by Ann Voskamp and "Get Out of Your Head" by Jennie Allen.

Study a book of the Bible together:

- There are several studies available on specific books of the bible by Well-Watered Women <https://shop.wellwateredwomen.com/collections/bible-studies>
- Illuminated Scripture Journals – These are separate books of the bible in full text scripture booklets with pages to take notes & reflect while you study God's word.

Spiritual Disciplines:

- "Planted: A Study on Spiritual Disciplines" (12 weeks) - Well-Watered Women Co

Identity:

- “Redefined: A Bible Study on Identity in Christ” (6 weeks) - Well-Watered Women Co

Motherhood:

- “Risen Motherhood” by Emily A Jensen & Laura Wifler (Book)
- “Dear Mama Devotional” (31-day devotional)- Well-Watered Women Co
- “Mama Bear Apologetics: Empowering your Kids to Challenge Cultural Lies” by Hillary Morgan Ferrer (Book with questions after each chapter)
- “How We Love our Children” by Milan & Kay Yerkovich (Book)

Prayer:

- “Prayer: Finding the Heart’s True Home” by Richard Foster (Book)
- “When You Prayer- A Study of Six Prayers in the Bible” – A 7-week bible study by a variety of authors – includes a book and video access

How to study the Bible:

- “Women of the Word” by Jen Wilkin (Book)
- RightNowMedia - How to Read Your Bible (6 sessions, average 12 min per video)