When You Can't Go Through the Front Door,
Go Through the Roof

Discussion Questions
Mark 2:1-5
Pastor Daniel Barrett
November 7-8, 2026

1. When have you found yourself in a dark spot and didn't think you could go on? What caused you to feel that way?
2. What and who has brought hope to you when you have felt down?
3. Describe a time when you needed help with something and didn't want to ask for it? What was preventing you for asking for help? Did you end up asking for help? Why or why not? Did asking for help make it easier? If you didn't ask for help, did it get done?
4. What makes it difficult to accept that you need help? What makes it difficult to ask for help when you know you need it?
5. What do you need help with currently? What is weighing you down? What does God want you to do that you are struggling with?
6. Which one of the eight principles of Celebrate Recovery do you struggle with the most? Why?

   Realize I'm not God and admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.
   Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.
   Consciously choose to commit all my life and will to Christ's care and control.
   Openly examine and confess my faults to God, to myself, and to another person I trust.
   Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.
   Evaluate all my relationships, offer forgiveness to those who have hurt me, and make amends for harm I've done to others, except when to do so would harm them or others.
   Reserve a daily time with God for prayer, Bible reading, and self-examination in order to know God and His will for my life and to gain the power to follow His will.
   Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

7. How have you faced unexpected twists and turns, ups and downs in your life? How has God helped you through?

8. When you look at the tree used in Celebrate Recovery, what are some of the issues you see that you have? What would you say is the root of those issues?



9. What caused those root issues of jealousy, abandonment, betrayal, etc.?
10. How are these affecting the people around you?
11. How would you like to see God work in your life to bring healing from this?
12. If this story of the paralytic man were to take place today at Edgewood, what would happen as these five people went up on the roof and start to cut a hole in the roof? How would that affect the service? What would people be thinking and paying attention to?
13. What gave these five men the courage and faith to do this? Do you want healing in your life so badly that you would go to these lengths to get it? Why or why not? How can we demonstrate this kind of faith in our life today?
14. What kind of things do we allow to stop us from doing God's work?
15. How can things get messy while we are doing God's work? What makes the work worthwhile?
16. How can you positively impact someone's life around you today?