

## Living the New Life Discussion Questions

Ephesians 4:25-32

Rev. Brian Bill

March 16-17, 2024

1. What is the definition of “falsehood?” Would telling little white lies to spare someone’s feelings fall into the category of “falsehood?” Why or why not? Are there other things we do that could be considered a falsehood that we may not consider to be a falsehood?
2. Why should we especially not tell “falsehoods” to those to which we are committed? How is the body of Christ committed to each other?
3. What does keeping accounts of wrongdoing do to a relationship? Why does it affect the relationship in this way?
4. Read Ephesians 4:26-27. What do you do to make sure that you do not go to bed angry with someone?
5. How can you be angry and not sin? When does our anger become sin?
6. How does anger give an opportunity to the devil? What kind of opportunity does it give the devil?
7. Why is it best to replace a destructive habit with something constructive?
8. What satisfaction and enjoyment do you get from your work? Do you in some way define yourself by what you are able to do or accomplish? Why do you think we get satisfaction from the work we do?
9. Do you usually use your words to launch life or destruction? Why? How can you benefit from using the acronym THINK (Is it True? Is it Helpful? Is it Inspiring? Is it Necessary? Is it Kind)?
10. What does it mean to grieve the Holy Spirit? In what ways do we grieve the Holy Spirit?
11. Read Ephesians 4:31. How does each vice get worse and lead to the next vice on the list if it isn’t dealt with? Why is it easier to deal with it at the bitterness stage than at the malice stage?
12. Are you known as a person who has a quick temper? Are you someone people don’t want to cross? Do you walk around with a chip on your shoulder? If so, what can you do to change this and be known to be patient, kind, and longsuffering?
13. Do we usually view being tenderhearted as a good thing or bad thing? Why? Why should we be tenderhearted as Christians?
14. Would you want God to forgive you the same way you forgive others? Why or why not?
15. How does forgiving people benefit the person doing the forgiving as much as if not more so than the person being forgiven?
16. Is there someone you need to forgive? Are you willing to make a deliberate decision to let it go? Is there someone you need to ask forgiveness from? Are you willing to do what you can to make the situation right?