

Putting Off the Old Life Notes

Ephesians 4:17-24

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Main Point: Believers are to behave differently than unbelievers.

Be Distinctive (17-19)

1. To “testify in the Lord” means Paul is summoning the _____ Himself to give testimony as a witness.
2. A new life in Christ demands a new _____.
 - A lifestyle is the way a person or a group _____, which includes social relations, consumption, entertainment, and dress.
 - A lifestyle also typically reflects an individual’s attitudes, _____, or worldview.
3. We are to no longer “walk as the Gentiles do.”
 - We are to “walk in a manner worthy of the calling” (Ephesians 4:1).
 - We are to walk in a manner worthy of _____ (1 Thessalonians 2:12).
 - Christians are called to be countercultural and not walk according to the ways of the world.
4. The downward spiral of sin.
 - _____ of mind
 - The word “futility” means “worthless, empty, and not satisfying” (Ecclesiastes 1:14, Jeremiah 2:5).
 - The lost have a “debased mind” (Romans 1:28).
 - Darkened _____
 - The word “darkened” refers to “destruction or distress” and was also used for “stubbornness” (John 3:19, Ephesians 5:8).
 - _____ from God (Isaiah 59:2, Colossians 1:21).
 - _____ of heart
 - The word “hardness” was used to describe a stone harder than marble and means, “to petrify and render _____.”
 - Proverbs 4:23 tells us to _____ our hearts.
 - Callous
 - This word was used to describe someone who is “_____ of feeling and insensible to shame” and referred to those who “have lost their sense of pain.”
 - Sin has a way of _____ us, which leads us into deepening levels of depravity.
 - Given up to _____
 - This person lives without any moral _____, having given themselves over to every sexual urge and desire.

- The word “sensuality” is variously defined as “insatiable _____, sexual excess, and self-indulgence.
- _____
 - This is the idea of coveting or _____, “an increasing desire for more and more, even though these desires are never satisfied (Proverbs 27:20).
- _____ (vs 19)
 - The word “practice” means “to perform _____, to work at it.”
 - Impurity refers to “lewdness, filth, and uncleanness.”
- This slide into sin begins in our heads (vs. 23) and then settles into our hearts (vs. 24) and finally gets expressed in our _____ (vs. 25).

Be Devoted (vs. 20-21)

1. Our _____ will keep trying to pull us back into its grip (vs. 20).
2. The Christian’s life is all about learning _____ (Philippians 3:10)
3. We are to be motivated by the _____.
4. Since truth is only found in Christ, we must do all we can to be _____ and trained by Him (vs. 21).
5. The phrase “heard about Him” means we must take every opportunity to _____ preaching and teaching and heed what we learn because He is truth.

Be Decisive (vs. 22-23)

1. Three ways to be intentional.
 - Put _____ (vs. 22)
 - We must get _____ of things that belong to our former life (vs. 22).
 - To “put off” has the idea of definitely and deliberately “laying _____ or renouncing” (Romans 13:12, James 1:21).
 - Put _____ (vs. 23)
 - The word “renewed” refers to something entirely new and has the idea of being _____ and progressive.
 - The greatest battles we fight are in our _____ (Romans 12:2).
 - We need to “take every thought _____ to obey Christ” (2 Corinthians 10:5).
 - We must set up _____ over what we allow ourselves to think about (Galatians 6:7).
 - Put _____ (vs. 24)
 - The phrase “put on” was used of _____ oneself (Job 29:14).