

United We Grow Notes

Ephesians 4:1-6

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Main Point: We all win when we walk as one.

Sit, Walk, Stand

1. One author says, "The Christian life consists of sitting with Christ, walking by Him, and standing in Him."
2. We sit in Christ, we walk worthy in the world, and we take our stand against _____.
3. Sit (1-3) – we must first sit or trust in our _____ in Christ (Ephesians 2:6).
4. Walk (4-5) – Walk it out in _____.
5. Stand (vs 6) – We are called to take our stand in Christ's victory over evil spiritual forces. We don't fight for victory; we fight _____ victory.

Exercise the Right Walk (vs 1-2).

1. The word "urge" means, "to beseech, to come alongside with an _____."
2. We're urged to "walk," which is a synonym for our conduct, or how we live day to day.
3. Walking implies _____ and step-by-step progress.
4. We are to walk "suitably or properly" because we _____ God to a watching world around us, which includes the invisible world.
5. Five qualities
 - _____ – we can't hold back on being humble. To have humility refers to "not rising far from the ground" (Philippians 2:3).
 - _____ (Matthew 11:29) – This word was used for a soothing medicine and means, "strength under control" and was used of a very powerful horse that had been tamed, or "gentled."
 - _____ – "long suffering." The Greek work for patience means to be slow to get angry, or to have a long fuse and a short memory (Proverbs 14:9).
 - _____ – to "bear with one another" means to put up with the shortcomings of others (1 Corinthians 13:7).
 - _____ – we're called to seek the highest good for others (John 13:34). The Bible teaches us that love is a verb, an action that must affect the way we live.

Exert the Right Work (vs.3).

1. To be eager means "to be _____ and diligent, to make haste, to strive and labor."
2. It comes from a root word meaning "to make _____" and carries with it the idea of zealous effort and diligence.
3. To "maintain" has the idea of "_____ or observing attentively."
4. We are to be "constantly _____."

Express the Right Oneness (vs. 4-6)

1. The key to unity is to make sure we are _____ our Triune God for His worth and His work.
2. Observations
 - Since our unity is tied to the Trinity, our unity is _____ and unbreakable.
 - The word “one” is used seven times showing God’s heart for _____ (John 17:11).
3. Seven ways God has worked to make us one.
 - One _____
 - One _____ (Romans 8:9)
 - One _____ – every believer has the same hope of Heaven because of salvation (Ephesians 1:18).
 - One _____ (1 Corinthians 8:6).
 - One _____ (Jude 1:3).
 - One _____
 - One _____ and Father of all, who is over all, and through all, and in all.