

To Rejoice is a Choice

Philippians 4:4-9

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Main Point: In your journey to joy, remember you have a choice to rejoice.

Attitudes to Develop

1. Be joyful _____ (4).
 - Joy is the _____ of Philippians.
 - Joy is different than _____.
 - Joy is centered in the _____, not in circumstances (Psalm 32:11).
 - Joy is _____ 24/7 (1 Thessalonians 5:16).
 - Rejoicing in the Lord is an action, not a _____.
 - Joy is a Fruit of the _____ (Galatians 5:22).
2. Be _____ to everyone (5).
3. Jettison _____ (6a).
 - 40% of what we worry about _____ happens.
 - 30% of our worries concern the _____.
 - 12% of worry is about our _____.
 - 10% of worry is about _____ issues.
 - 8% of the things we worry about are legitimate concerns.

Actions to Demonstrate

1. Pray about _____ (6b).
 - Prayer – how we _____ approach God.
 - Supplication – earnestly _____.
 - Thanksgiving – cultivate an attitude of _____.
 - Requests – ask God for direct help regarding _____ needs.

Be anxious for nothing.

Be thankful you have _____.

Pray about everything.

2. Prepare your _____ (8).
 - Fill your mind with the _____.
 - Gather on a regular basis with God's _____.
 - Expose yourself to things that _____ the goodness of God.
 - Listen to _____ radio (89.3).
 - Watch what you _____.
 - Think about what you _____ about (2 Corinthians 10:5).
3. Practice _____ you know (9).
 - Mentor – Who's your Paul?
 - Peer – Who's your _____?
 - Apprentice – Who's your Timothy?

Two Assurances

1. The peace of God will _____ us (7).
2. The God of _____ will be present with us (9).

“The Lord is at Hand” (5)

1. The Lord is close by, not _____ away (Psalm 145:18).
2. The Lord is _____ soon (James 5:8-9).
 - If you want to be at peace _____ God, you must be saved.
 - If you want the peace _____ God, you must be surrendered.

“With the peace of God to guard us and the God of peace to guide us – why worry?” (Warren Wiersbe)

“May the peace of God continue to guard your heart and mind in Christ Jesus as you rest in the presence of the God of peace.”