

Forgiving the Unforgivable Notes

Psalm 32

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Main Point: We must uncover and confess our sins if we want God to cover and cleanse us.

Background Truths

1. David is the human _____.
2. Psalm 32 has also been referred to a sone of “Paul’s Psalms” because it is quoted extensively in Romans 4:6-8.
3. “Maskil” means this instruction is extremely _____.
4. The word “Selah” is used three times in this Psalm.
 - The idea is to get us to take a breath in order to _____ and remember.

Fruit of Forgiveness

1. Forgiveness _____ (1-5)
 - Threefold description on sin
 - “Transgression” depicts a _____ disobedience toward God, a rebellious revolt against the Almighty.
 - “Sin” means to miss the _____ of God’s perfection either through acts of commission or omission.
 - “Iniquity” represents a _____, deformity, or deviancy.
 - Phrases to express the fullness of our forgiveness.
 - The word “forgiven” means “to _____ a heavy burden or debt and carry it away.”
 - The word “covered” refers to that which is _____ or atoned for, with imagery from the Day of Atonement.
 - In Greek, the word for mercy seat means, “propitiation,” which is the act of turning God’s _____ aside.
 - The third phrase, “against whom the Lord counts no iniquity” is a _____ term.
 - God does not count our sins against us and in their place, He has imputed the _____ of Jesus Christ (Romans 4:7-8, Isaiah 43:25).
 - “Whose spirit there is no deceit” refers to those who readily _____ their sins.”
 - It means that we are not deceitful in acknowledging our sin.
 - It’s not a matter of trying to be perfect but _____ that we’re not.
 - The word “kept” indicates that David persistently kept quiet and “silence” refers to being stubbornly _____ and mute about his sins.

- When he tried to ignore his iniquities, his bones felt like they were _____.
 - The word “groaning” was used to describe the moaning of a _____ lion, or the growl of a bear (job 3:24).
 - The secret you want most to _____, is the one you most need to reveal.
 - Three ways guilt messes with us.
 - Guilt destroys our _____ – it makes us feel insecure because we’re always worried that someone is going to find out what we’re really like, or what we’ve done.
 - Guilt damages our _____.
 - Guilt keeps us _____ in the past.
 - The word “heavy” means “to grievously _____.”
 - God’s hand can bring blessings but can also bear down on us.
 - It’s because He _____ so much for us (Hebrews 12:10).
 - Only confession will bring _____.
 - Will you attempt to cover up your own sins, or will you let God cover up your sins for you? (Proverbs 28:13)
 - The word “confess” in the Old Testament means to “_____ down or to cast down.
 - In the New Testament, it carries the idea of _____.
 - To confess a sin means to throw it down before the Lord and to say the same thing God says about it.
 - There is no _____ between confession and forgiveness in verse 5.
2. _____ renewed (6-7)
 3. Fellowship _____ (8-9)
 - God cares and _____ His people.
 - When we get ahead of God, He pulls us back and when we act like mules, God puts the bridle of suffering on us to move us along.
 - He only does this, so we stay near Him.
 4. Fullness _____ (10-11).
 - The phrase “be glad” literally means, “to _____ up!”
 - The word “rejoice” means to “_____ around with glee.”
 - Jesus said, those who are forgiven much, _____ much.
 - He loves you too much to let you sin in secret. That’s why sin often gets _____ (Numbers 32:23).

Action Steps

1. Write out Psalm 32:1-2.
2. Own your sin before God and turn from it.
3. Confess Christ and be saved.