

Finding Refuge Discussion Questions

Psalm 16

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July 5-6, 2025

1. What is a refuge? Why do we need a refuge? How do we make God our refuge?
2. What good things do you have in your life because the Lord has given them to you? Does God give good things to those who don't follow Him? Why?
3. Who are the people you look up to that brings you delight? In what ways are you being a delight to others?
4. How do you perceive those who don't follow God? Does it appear like they are doing better than you? Why do you think this?
5. Even though we may not worship other "gods" in what ways may we unknowingly or knowingly give other "gods" honor? What are some things you may need to stop doing or saying to stop this?
6. What does David say in Psalm 16:4? Why are they going to suffer more and more?
7. What does David mean that God is his portion and cup? Is God your portion and cup or are you looking elsewhere?
8. What inheritance do we receive as children of God?
9. How does the Lord bring counsel into your life? How can our hearts instruct us at night? What do you have to have in your heart for this to happen? Why does it seem like God can talk best to us at night?
10. What are you focused on? What is it that you talk about most? How can you make God the center of your focus?
11. How have you been stronger or bolder when you have focused on God being by your side?
12. What is your heart glad about today? What is your tongue rejoice in God about?
13. How has God gotten you through a difficult time in your life?
14. How has God directed your life?
15. How has God filled you with joy even in the midst of trials?
16. What things about creation bring you pleasure? How much more pleasure do you think God will give us in Heaven when everything is perfect?