

The Groaning of Believers

Romans 8:23-25

I. We Groan While Waiting for Redemption (v. 23)

- A. We groan just like creation groans
- B. We are the first fruits of the Spirit
- C. We wait eagerly for adoption as sons

II. We Groan While Waiting in Hope (v. 24)

- A. Saved into a future we cannot see
- B. Sustained by a hope we cannot see

III. We Groan While Waiting with Patience (v. 25)

- A. Hope fixes its eyes on the unseen
- B. Hope endures the present with patience

TAKE HOME:

- What is your groaning *exposing* right now—sin you’ve been tolerating, suffering you’ve been interpreting without hope, or an idol you’ve been worshipping for comfort?
- Where are you living by sight instead of by *promise*—letting what you can see (circumstances, culture, body, emotions) overrule what God has said?
- What would “*patient* hope” look like this week in one specific battle—one relationship, one temptation, one grief, one ongoing pressure—where God is calling you to stay faithful and keep your eyes on Him?