



## The Groaning of the Holy Spirit (pt. 2)

### Romans 8:26-27

#### I. The Spirit Helps Us In Our Weakness (v. 26a)

#### II. The Spirit Intercedes With Groanings (v. 26b)

#### III. The Spirit Aligns His Prayers With God's Will (v. 27)

##### A. The Father knows all things (v. 27a)

1. God \_\_\_\_\_ our hearts  
(1 Sam. 16:7; Jer. 17:10; Psa. 139:1; 1 Cor. 4:5; Psa. 62:1-2, 8)
2. God knows the \_\_\_\_\_ of the Spirit  
(1 Cor. 2:10-11)

##### B. The Spirit perfectly intercedes (v. 27b)

1. The Spirit never prays for the \_\_\_\_\_ thing  
(Jn. 16:13-14; Isa. 40:13-14; Heb. 4:12-13, 16)

##### 2. The Spirit's prayers are always \_\_\_\_\_ with God's will

- a) God has a \_\_\_\_\_ will  
(1 Thes. 4:3; 5:16-18; 1 Pet. 2:13-15; Rom. 12:2)
- b) God also has a sovereign (\_\_\_\_\_) will  
(Psa. 115:3; Prov. 19:21; Acts 4:28; Eph. 1:11; Deut. 29:29)
- c) The Spirit knows both \_\_\_\_\_ of God perfectly (Zech. 12:10; Eph. 6:18; Jn. 14:16)
- d) This connects to Jesus' \_\_\_\_\_ about prayer (Jn. 14:13-14; 15:7; 16:23; 1 Jn. 5:14)

### TAKE HOME:

- When your prayers feel \_\_\_\_\_, do you withdraw from God—or do you run to Him knowing the Spirit is helping you?
- Where in your life are you \_\_\_\_\_ God's will—praying for comfort when He may be pursuing your sanctification?
- How would your prayer life \_\_\_\_\_ this week if you truly believed that every weak prayer is being perfected by the Spirit and heard perfectly by the Father?

## **Application Questions**

James 1:22 says, *“But be doers of the word, and not hearers only, deceiving yourselves.”* These questions are designed to help you apply today’s message in your life. We encourage you to thoughtfully answer these questions and discuss your answers with others. For more information about joining a Small Group that uses these questions as the basis for discussion, prayer, and accountability, please call the church office at (661) 259-2913.

1. When you feel weak and unsure how to pray, will you still come to God honestly and ask for help, trusting the Spirit’s intercession? (Rom. 8:26)
2. When your prayers are reduced to sighs, tears, or unfinished sentences, do you believe God still receives them with perfect understanding? (Rom. 8:27)
3. Where are you tempted to stop praying because you feel you “don’t do it well,” instead of remembering God searches the heart and welcomes honest dependence? (1 Cor. 4:5)
4. What burden are you currently holding back from God that you need to pour out to Him without pretending or polishing your words? (Ps. 62:8)
5. In what situation are you mainly praying for relief—and how might God be using it for sanctification and endurance? (Jas. 4:3)
6. Where do you need to surrender your plans and trust God’s sovereign will, even when you can’t see what He is doing? (Prov. 19:21)
7. What specific request can you reframe this week to seek alignment with God’s will rather than only your immediate comfort? (1 Jn. 5:14)
8. How would your prayer life change if you believed that God already knows your heart completely—so you don’t have to perform or hide? (Jer. 17:10)

*“What is emphasized is that God knows that the Spirit is interceding in harmony with His own will. Are not Father, Son, and Holy Spirit the One true God? Any clash between them is therefore impossible.”*

- William Hendriksen, *New Testament Commentary on Romans*