

Rocky's Journey to Paradise Swamp

John 14:1-6

God offers us rest from our troubled hearts.

God desires you to have rest from your troubled heart by;

1. believing in Him. v1, Hebrews 1:3, 11:6
2. trusting Him. v2, Isaiah 14:24, 46:10
3. following Jesus. v3-6, John 3:16, Mark 8:34

Matthew 11:28-30

Come to me, all who labor and are heavy laden, and I will give you rest.
Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your
souls. For my yoke is easy, and my burden is light."

No soul can be really at rest until it has given up all dependence on everything else and has been
forced to depend on the Lord alone. As long as our expectation is from other things,
nothing but disappointment awaits us.

~Hannah Whitall Smith~

1832 – 1911, an American evangelical author, lay speaker, religious reformer, and social activist associated with the Holiness movement and the Higher Life movement of the late 19th century. Raised as a Quaker, she became one of the most influential popularizers of Higher Life spirituality in the English-speaking Protestantism.

Her best-known work was the 1875 classic *The Christian's Secret of a Happy Life*.