

# You Are What You Eat

John 6:22-60

Disciples are made when the hungry eat the bread of life offered by God

The church can make disciples;

1. of those who are hungry for the bread of life. v22-29, Titus 3:5, Ephesians 2:5
2. by the bread of life God has to offer. v30-33, 2 Corinthians 4:1-6, Acts 13:48
3. of those who eat the bread of life. v34-60, Psalm 3:8, Colossians 1:13

Matthew 5:6

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

The Christian faith is ultimately not only a matter of doctrine or understanding or of intellect,  
it is a condition of the heart.

~Martyn Lloyd-Jones~

1899 – 1981, a Welsh Congregationalist minister who gave up his medical practice for the pastorate.

Perhaps his greatest legacy is as one of the most influential preachers of the twentieth century.

In his must-read book for all pastors, *Preaching and Preachers*, he describes biblical effective preaching as "Logic on fire."