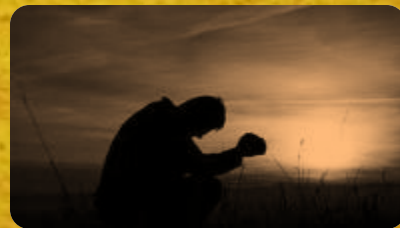




# Philippians 4:8-9

*YOU ARE WHAT YOU THINK*

Pastor Steve Vaughn

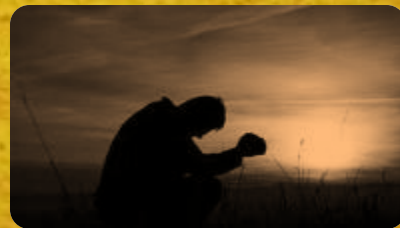


May 17, 2026



**“Anybody around here  
enjoy Christ?”**

**YOU ARE WHAT YOU THINK**

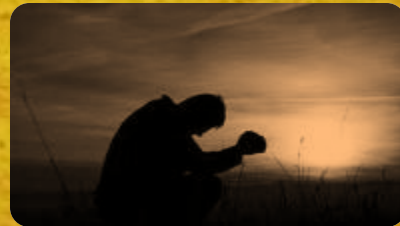




**THAT TRANSLATES "THOSE  
WHO REALLY HAVE CHRIST  
ARE RADIANTLY JOYOUS  
PEOPLE!"**



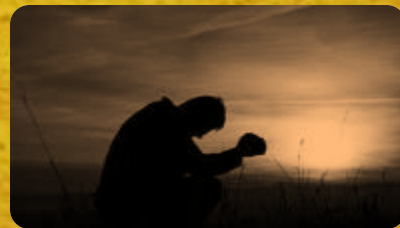
**YOU ARE WHAT YOU THINK**





**Real relationship with God does not  
make us somber, sullen and sad;  
rather, real Christian faith makes us  
happy, confident and glad.**

**YOU ARE WHAT YOU THINK**



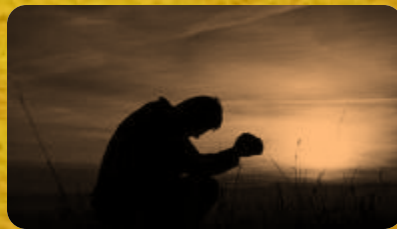


**Verse 8: Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.**

(Philippians 4:8)

Hatred	Greed	Patience
Anger		Compassion
Fear		Goodness
PRIDE		Gentleness
Doubt		kindness
Anxiety		HUMILITY
Insecurity		Love
	Peace	
	Joy	

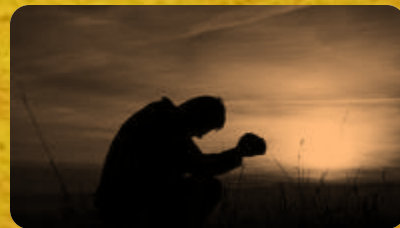
**YOU ARE WHAT YOU THINK**



**Two thousand years before psychologists were teaching this truth, Paul discovered its power. "Meditate on these things," he said—things that are noble, just, pure, lovely, of good report. We are what we think.**



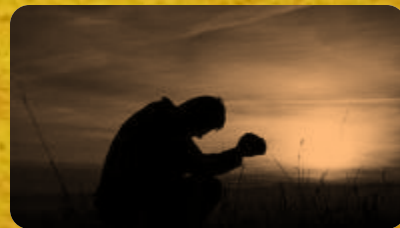
**YOU ARE WHAT YOU THINK**





**If we want to experience peace of mind we will choose to extend our love to others and experience the love extended to us. If we want to experience conflict we will want something or want to evaluate why we're not getting it.**

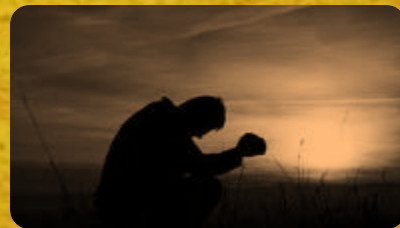
**YOU ARE WHAT YOU THINK**





**That is a challenge to  
Christians of any age—we must  
never be "less good" than those  
who make no claim to being  
Christian.**

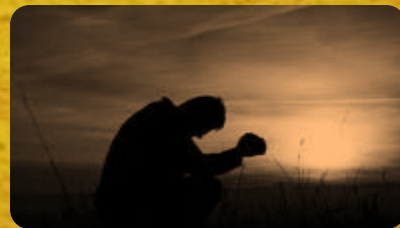
**YOU ARE WHAT YOU THINK**





**"the things which you learned and received and heard and saw in me, these do, and the God of peace will be with you (verse 9).**

**YOU ARE WHAT YOU THINK**





**The Christian can never use with integrity "the power of positive thinking" without keeping foremost where our thinking is to be centered.**

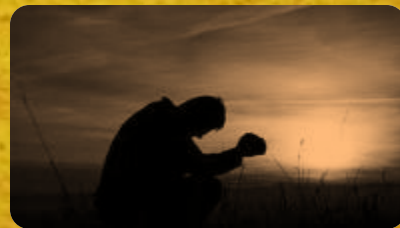
**YOU ARE WHAT YOU THINK**





**"Let this mind be in you which was also in Christ Jesus... made Himself of no reputation ... taking the form of a bondservant ... humbled Himself and became obedient to the point of death" (Php 2:5, Php 2:7, Php 2:8).**

**YOU ARE WHAT YOU THINK**





**Harry Truman**



**Sam Rayburn**

*YOU ARE WHAT YOU THINK*





**"Bonham is a place  
where people know it  
when you're sick, and  
where they care when  
you die."**



**YOU ARE WHAT YOU THINK**

