



Work of Dressing & Undressing Small Group Questions Ephesians 4:17-32 October 5

Community

- Do you have any crazy roommate stories?
- What insight, principle, or observation from this weekend's message did you find to be most helpful, eye-opening, or troubling? Explain.
- What is one thing you would do differently this week as a result of this message?

Core: Read Ephesians 4:17-32

1. Why is it so hard for people to live spiritually healthy, Godly lives?
2. What is the connection between the "futility of their minds, ignorance that is them, and their hardness of heart?"
3. Talk about the progression from ignorance & hardness of heart to becoming callous to giving themselves over to sensuality.
4. What do verses 20-21 teach us about our relationship with Jesus?

5. Paul uses the analogy of putting things off and putting things on. How does this help you understand the Christian life? What does this mean for us individually as followers of Jesus? What's our responsibility?
6. What should our new "wardrobe" look like as followers of Jesus?
7. Are there any "old clothes" from your "before-Jesus life" that you are still wearing? Are there old clothes that others can see you wearing? How does what we put on and take off affect others? How does it affect the Church?
8. With this new clothing come some new activities. How should our actions change in our new life?
9. Are there challenges to speaking the truth to our neighbors? What are some of those challenges? Is it possible to be angry and still not sin? How does anger give opportunity to the devil? Can you give examples of corrupting talk and talk that is good for building up?
10. What do you think grieving the Holy Spirit looks like? How can we avoid doing that?
11. We don't often spend time reflecting on the changes Jesus is making in each of us. What are some areas of your life you see Jesus growing/changing you?

12. What does James 4:32 say about forgiveness? Do you need to forgive anyone?

Pray to Close