



A Garden, A Cup & A Nap
(Dave York)
Small Group Questions
Matthew 26:36-46
March 8

Community

- What is one important skill every person should master?
- What insight, principle, or observation from this weekend's message did you find to be most helpful, eye-opening, or troubling? Explain.
- What is one thing you would do differently this week as a result of this message?

Core: Read Matthew 26:36-46

1. Verse 36 begins with "Then," what happened just before Jesus & the disciples head to the garden?
2. How would you describe Jesus' state of mind in these verses? Jesus chooses to be with His closest friends during this troubling time. How can real friends make a difference during times of sorrow?
3. What does Jesus ask Peter, James and John to do as He prayed? Have you ever found it difficult to pray? What can make spending time in prayer hard?

4. What did Jesus pray? When He returned to His disciples what did Jesus find them doing? How do you think this discovery impacted Jesus after His intense prayer time?

5. What instructions does Jesus give to Peter and the others before returning to pray? Have you ever considered your struggle to pray as “falling into temptation?” Why would the enemy work so hard to keep you from praying?

6. When Jesus leaves a second time to pray, what does He ask of God? How would you describe Jesus’ attitude about going to the cross?

7. What stands out to you about Jesus praying three different times on this night? How should we apply this approach in our own lives? What else does Jesus’ prayer time in the garden tell us about our own prayer lives?

8. Jesus’ favorite name for Himself is “Son of Man.” What do you know about this reference?

Pray to Close