



Proclaiming Evidence for Truth

THIS WEEK'S CREATION MOMENT

The “Bear Facts” About Good Health



"For we are His workmanship, created in Christ Jesus unto good works, which God hath beforehand ordained, that we should walk in them." - Ephesians 2:10

Imagine lying around not just for days on end, but for months! And while lounging the months away, you get leaner and more muscular.

The bear's lifestyle sounds like a couch potato's dream.

Such a lifestyle would cause our bones to become weak and smaller, and make the calcium level in our blood high enough to kill us. We would also lose muscle and gain fat, lying around all day. We all know what happens to couch potatoes. But bears are different, and scientists have been puzzled to learn that bears don't suffer bone loss and don't lose muscle during their winter rests – they don't really sleep all winter, but they do rest a lot. Moreover, they don't eat, drink, or use the bathroom all winter – a routine that would kill most creatures in less than a week.

Researchers believe that they have found the chemical in a bear's blood that prevents bone loss during long inactivity. The chemical is under study for possible use in treating human osteoporosis. Bears avoid bathroom visits by chemically changing their own wastes back into proteins. The fact that scientists study how things in the creation work to improve how we do things is a tribute to the workmanship of the Creator, even if scientists refuse to admit His existence.

REF.: Ingrid Wickelgren, “Bone Loss and the Three Bears: A circulating secret of skeletal stability,” Science News. Image: Brown bear inside a cave, Envato.

Scan the QR code after service to watch a related video!



CREATION MOMENTS, INC.

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