

More Proof You're Not Accidental Chemistry

Most people know that the most important molecule in our bodies is DNA. But another large molecule called ATP is what keeps you and your DNA alive. ATP is the primary energy system within your body. It generates the electricity in your nerves, making it possible to move your muscles. ATP's operation should remove any doubt that it is a product of a wise and intelligent Creator.

ATP converts the energy in the food you eat to just the right level needed most of the time by your cells. When ATP delivers its energy within your cell, it loses a group of phosphate atoms and becomes ADP. ADP is immediately recycled back into ATP within your mitochondria to again deliver its energy. On the average, each ATP is recycled like this three times per second. Despite the fact that each of your one hundred trillion cells have one billion ATP molecules, you would die within a few minutes if anything interfered with this recycling. During the course of a day, your body will recycle 400 pounds of ATP! Within your mitochondria are what have been described as molecular "water wheels." When working at its peak, this "water wheel" spins as fast as 200 revolutions per second, generating 600 ATP molecules during that second!

The Psalmist was right when he praised God because he recognized that he was fearfully and wonderfully made.

Psalm 139:14

"I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well."

Prayer: Lord, I thank You that I am fearfully and wonderfully made. Amen.

Ref: Jerry Bergman," ATP: The Perfect Energy Currency for the Cell," Creation Research Society Quarterly.