

## **Your Busy Liver**

An adult human liver is about the size of a small football. It weighs about three pounds, making it the body's largest internal organ. Tucked neatly beneath the ribs, your liver performs more than 500 different tasks. It is a vital link between your heart, lungs, and digestive system.

Inside the liver is a bewildering array of microscopic veins in which each drop of blood is processed. Here, blood conditions are constantly monitored to make sure that its chemistry meets strict standards. If more of some substances are needed in the blood, they are supplied. Useless chemicals are broken down into useful chemicals. Your liver makes proteins, and corrects blood clotting factors. Your liver also sees to it that hormone balances are maintained and that poisons are neutralized. If substances are needed to fight an infection, your liver makes them and adds them to the bloodstream. Your liver also stores vitamins and minerals and prepares itself to provide your body with quick energy when you need it. In addition, the liver makes bile, which is essential for digestion.

Structures like the liver have caused many evolutionists to abandon the idea that life is a result of millions of years of accidents. The liver is just too well-designed and integrated into the body to have been produced by purposelessness and mindlessness. As Scripture says, truly God has formed our inward parts!

### **Psalm 139:13**

**“For thou hast possessed my reins: thou hast covered me in my mother's womb.”**

Prayer: I thank You, dear Father, that I am so fearfully and wonderfully made. Help me to take good care of the wondrous body You have given me and grant me good health. In Jesus' Name. Amen.

REF.: The liver: the body's refinery. *Discover*.