

Answer Key

INTRODUCTION

- Hunger
- Hunger

1. Focus

- a. Bridegroom
- b. Rules
- c. Desire
- d. Reminder

2. New Cloth

- a. Old
- b. Inside
- c. New
- d. Lasting

3. Wineskins

- a. Rigid
- b. Ready
- c. Stretched

The Good News

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, (Romans 5:1)

The Bad News

for all have sinned and fall short of the glory of God, (Romans 3:23)

The Ugly News

For the wages of sin is death, ... (Romans 6:23a)

The Great News

... but the gift of God is eternal life in Christ Jesus our Lord.
(Romans 6:23a)

Guess What?

You can become a Christian right now and experience salvation and the gift of eternal life through God's Son the Lord Jesus Christ! Simply Pray this Prayer Right Now! **"God thank you for Jesus Christ who died on the cross for my sins. Thank you for receiving what Jesus did for me on the cross as payment for my sins. Please forgive me for my sins. Right now I accept Jesus into my heart and ask that he become my Savior and Lord! Amen!"**

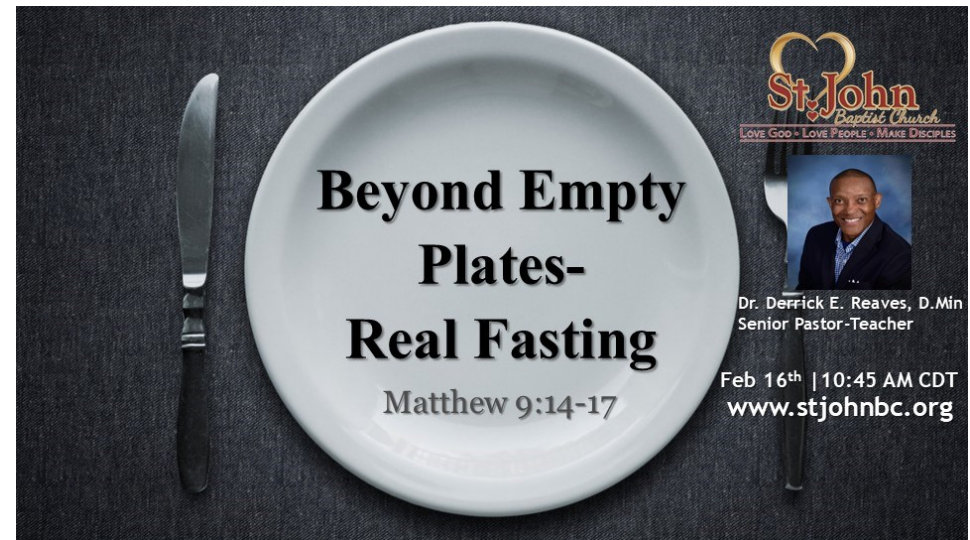
If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. (Romans 10:9–10)

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Sermon Notes



Matthew 9:14–17 (ESV)

¹⁴Then the disciples of John came to him, saying, “Why do we and the Pharisees fast, but your disciples do not fast?”

¹⁵And Jesus said to them, “Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast.

¹⁶No one puts a piece of unshrunk cloth on an old garment, for the patch tears away from the garment, and a worse tear is made.

¹⁷Neither is new wine put into old wineskins. If it is, the skins burst and the wine is spilled and the skins are destroyed. But new wine is put into fresh wineskins, and so both are preserved.”

February 16, 2025

(Answer key located on back page)

INTRODUCTION:

Just like pictures can't satisfy physical _____,
empty religious routines can't satisfy spiritual _____.

THREE KEY TRUTHS ABOUT FASTING:

1. Fasting Helps Us _____ on God (Matthew 9:14-15)
 - a. Jesus compares Himself to a _____
 - b. It's not about _____, it's about _____
 - c. Each hunger pang becomes a _____ to pray.
2. Fasting Transforms Us Like _____ (Matthew 9:16)
 - a. Can't put new cloth on _____ garments.
 - b. God wants to:
 - i. Change you from the _____
 - ii. Make you completely _____
 - iii. Create _____ change.
3. Fasting Makes Us Like New _____ (Matthew 9:17)
 - a. Old wineskins = _____ religious habits.
 - b. New wineskins = hearts _____ for God.
 - c. We must be willing to be _____.

PERSONAL REFLECTION:

What "pictures of food" am I settling for in my spiritual life instead of real nourishment?

COMMITMENT:

This week, I will fast from _____
to draw closer to God by:

NEXT STEPS:

- ☐ Begin a fast this week
- ☐ Find an accountability partner
- ☐ Schedule daily prayer times during my fast

KEY VERSE TO REMEMBER:

"Neither is new wine put into old wineskins. If it is, the skins burst and the wine is spilled and the skins are destroyed. But new wine is put into fresh wineskins, and so both are preserved." - Matthew 9:17

NOTES:

