



PARKWAY BAPTIST PREMARITAL FORM

PERSONAL HISTORY WORKSHEET

INSTRUCTIONS:

1. Please answer each question as thoroughly as possible.
2. Confidential – Please complete separately and honestly.
3. The worksheet must be completed before your first counseling session.
4. Upon completion, please return the completed worksheets to Dr. David Sampson, Senior Pastor of Parkway Baptist— Pastor@ParkwayBaptist.me

Notice: Please review the final page before proceeding. The responses provided in this form will be reviewed and discussed during your pastoral premarital counseling sessions.

SECTION ONE: BASIC INFORMATION

Name: _____ DOB: _____

Fiancé Name: _____ DOB: _____

Cell Number: _____ Email: _____

Mailing Address: _____

Current Occupation: _____

Are you a member of Parkway Baptist?

- ☐ YES
- ☐ NO

1. How long have you been dating? _____

2. How long have you been engaged? _____

3. Is this your first engagement? ☐ Yes ☐ No

4. When is your wedding? _____

5. Describe your dating history:

- ☐ a) I have only been in a few serious relationships.
- ☐ b) I have dated multiple people, but nothing too serious.
- ☐ c) I have had one long-term relationship before this one.
- ☐ d) I am new to dating and have little experience.
- ☐ e) I have had complicated or difficult past relationships.

6. Do you still have a friendship with the previous people you dated?

- ☐ a) Yes, we are still close friends.
- ☐ b) Yes, but we only communicate occasionally.
- ☐ c) No, we are not in contact, but there are no hard feelings.
- ☐ d) No, and the relationship ended on bad terms.
- ☐ e) I have never been in a previous relationship.

7. When and how did you two meet?

- ☐ a) Through mutual friends or family
 - ☐ b) At church or a faith-based event
 - ☐ c) At work or school
 - ☐ d) Online or through a dating app
 - ☐ e) At a social event (party, wedding, gathering)
 - ☐ f) By chance (random encounter, travel, etc.)
 - ☐ g) Other (please specify): _____
-

8. Describe your time together as a dating couple.

- ☐ a) We have spent a lot of quality time together and know each other well.
- ☐ b) We have had ups and downs but have worked through challenges.
- ☐ c) We have mostly had fun and exciting experiences but haven't faced many difficulties yet.
- ☐ d) We haven't spent as much time together as we would like due to distance or other factors.
- ☐ e) Our relationship has been challenging, with frequent disagreements or uncertainty.

SECTION TWO: YOUR RELATIONSHIP HISTORY

Marriage is the union of two individuals and the blending of two families. It is essential to reflect on past influences to understand how they shape your future marriage. The following questions will help assess the impact of family, relationships, and past experiences.

1. How would you describe your family's socioeconomic background during your upbringing?

- ☐ a) Lower class – We struggled financially and often lacked basic necessities.
- ☐ b) Working class – We lived paycheck to paycheck but managed our needs.
- ☐ c) Middle class – We were comfortable with financial stability and occasional luxuries.
- ☐ d) Upper middle class – We had financial security and could afford luxuries without concern.
- ☐ e) Wealthy – Money was never an issue, and we lived with significant financial freedom.

2. How would you describe the emotional environment of your childhood home?

- ☐ a) Warm and supportive – love and encouragement were openly expressed.
- ☐ b) Structured but distant – there was stability, but emotions weren't often shared.
- ☐ c) Tense or conflict-driven – frequent arguments or emotional strain.
- ☐ d) Unpredictable – moments of warmth mixed with instability or inconsistency.
- ☐ e) Other (please explain): _____

3. Did you experience any form of abuse (physical, emotional, sexual) growing up? If yes, please explain. ☐ Yes ☐ No

4. Do you see any patterns in your family history that have been passed from one generation to the next?

If yes, please explain. ☐ Yes ☐ No

5. Which of the following best describes your parents' marriage?

- ☐ a) Loving and strong—they were great role models for marriage.
- ☐ b) Stable but distant—they stayed together but lacked connection.
- ☐ c) Conflict-ridden—they frequently argued or had tension.
- ☐ d) Divorced or separated—they were unable to maintain their marriage.
- ☐ e) Other (please specify): _____

6. What did your parents do well as parents?

Dad:

Mom:

7. What do you wish your parents had done differently?

Dad:

Mom:

8. What significant impact (positive or negative) have your parents had on you?

Dad:

Mom:

9. How did your parents make decisions, and what roles did they assume in the household?

- ☐ a) Father was the primary leader and decision-maker, while mother focused on nurturing and support.
- ☐ b) Mother was the primary leader and decision-maker, while father had a more supportive role.
- ☐ c) Both parents shared decision-making equally and had balanced roles in leadership, provision, and discipline.
- ☐ d) One parent made most decisions while the other followed, but with mutual respect.
- ☐ e) Decisions were often made independently, with little cooperation or discussion.
- ☐ f) I grew up in a different family structure (single parent, grandparents, guardians, etc.), so roles were different.

10. Do your parents agree with your decision to get married?

- ☐ a) Yes, they fully support it.
- ☐ b) Mostly, but they have some concerns.
- ☐ c) No, they do not agree with it.
- ☐ d) I am unsure of their opinion.
- ☐ e) My parents are not involved in this decision.

SECTION THREE: YOUR SPIRITUAL JOURNEY

- | | |
|---|--|
| 1. Have you accepted Christ as your Savior? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Do you currently attend Parkway Baptist? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. If not, do you currently attend another church? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Are you in a small group or discipleship group? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

5. Who is Jesus to you?

- ☐ a) My personal Lord and Savior—I have a deep relationship with Him and seek to follow Him daily and grow in my faith.
- ☐ b) A prophet—I believe in Him and His teachings, but I am still growing in my faith.
- ☐ c) A great teacher and moral example—I respect His life and message but do not fully understand or follow Him.
- ☐ d) I am still searching for answers about who Jesus is and what He means for my life.
- ☐ e) Someone I've heard about but have never been interested in knowing about Him.

6. What church(es) did you attend during childhood?

- a) _____
- b) _____
- c) _____

d) Check the box if you did not attend church as a child. ☐

7. How many weekends do you attend church per month?

- ☐ a) Every weekend (4+ times per month)
- ☐ b) 2-3 weekends per month
- ☐ c) Once a month
- ☐ d) Rarely or only on special occasions
- ☐ e) I do not currently attend church regularly

8. What role does faith play in your life?

- ☐ a) Very important—I live by my faith
- ☐ b) Somewhat important—I practice but not consistently
- ☐ c) Not very important—I believe but don't practice much
- ☐ d) Not important—I don't consider myself religious

9. Do you and your fiancé(e) share similar faith beliefs?

- ☐ a) Yes, we fully align
- ☐ b) Mostly, but with some differences
- ☐ c) Not really, but we respect each other's beliefs
- ☐ d) Not important to us.

10. How important is it for your family dynamic to be built on biblical principles?

- ☐ a) Extremely important – I want our family to be fully guided by biblical teachings in all aspects.
- ☐ b) Very important – I strongly value biblical principles, but I recognize some flexibility in application.
- ☐ c) Somewhat important – I think biblical principles are good, but I also consider other influences.
- ☐ d) Not very important – I prefer to focus on general morals and values rather than strictly biblical teachings.
- ☐ e) Not important – I do not see biblical principles as a necessary foundation for our family dynamic.

SECTION FOUR: MORAL GUIDELINES: *PHYSICAL, EMOTIONAL, & SPIRITUAL INTIMACY*

God designed intimacy as a sacred and joyful gift to be experienced within the covenant of marriage (Hebrews 13:4; 1 Thessalonians 4:3-8). As part of our premarital counseling, we dedicate time to discussing this important aspect of marriage, seeking to align our hearts with God's design. We encourage you to approach the following questions with honesty and openness, trusting that a Christ-centered foundation will strengthen your relationship.

1. How comfortable are you discussing physical intimacy with your future spouse in a Christ-centered way? (Ephesians 4:15)

- a) Very comfortable—we have open and honest discussions.
- b) Somewhat comfortable—we talk about it occasionally.
- c) A little uncomfortable—I struggle with expressing my thoughts.
- d) Very uncomfortable—I avoid the topic altogether.

2. Has your relationship been honoring to God? Please explain.

- ☐ a) Yes, we have prioritized our faith and followed biblical principles.
- ☐ b) Mostly, but we recognize areas where we need to grow spiritually.
- ☐ c) Somewhat, but we have struggled with maintaining God-honoring boundaries.
- ☐ d) No, we haven't fully considered how our relationship aligns with our faith.

3. How important is physical intimacy in marriage?

- ☐ a) Very important
- ☐ b) Somewhat important
- ☐ c) Not a priority

4. Are you currently living together or planning to do so before marriage?

- ☐ a) Yes, we are currently living together.
- ☐ b) No, we are not living together and do not plan to before marriage.
- ☐ c) No, but we plan to live together before marriage.
- ☐ d) We are undecided on this issue.

5. Are you willing to abstain from sexual activity until your wedding?

- ☐ a) Yes, I am fully committed to waiting.
- ☐ b) Yes, but I anticipate it being a challenge.
- ☐ c) I am unsure, but I want to discuss it further.
- ☐ d) No, I do not believe it is necessary to wait.

6. According to Scripture, physical intimacy is a gift from God meant to be enjoyed within marriage. How do you view the role of physical intimacy in marriage? (1 Corinthians 7:3-5)

- ☐ a) A sacred and essential part of marital unity, designed by God.
- ☐ b) Important, but not the most significant part of the relationship.
- ☐ c) Something I value, but I have concerns or past struggles that may affect it.
- ☐ d) A secondary aspect of marriage that I don't think about often.

7. How should physical intimacy be approached in a Christ-honoring marriage? (Hebrews 13:4)

- ☐ a) As a selfless act of love and unity between husband and wife.
- ☐ b) As something that should happen naturally without much discussion.
- ☐ c) As an obligation rather than a gift from God.
- ☐ d) I'm not sure—I need to grow in my understanding.

8. How important is emotional intimacy in marriage? (Proverbs 17:17)

- ☐ a) Extremely important—emotional connection strengthens all areas of marriage.
- ☐ b) Important—but I believe other aspects of marriage are equally vital.
- ☐ c) Somewhat important—I prefer to focus on practical matters.
- ☐ d) Not very important—I struggle with emotional vulnerability.

9. How do you best feel emotionally connected to your fiancé(e)? (Colossians 3:12-14)

- ☐ a) Through deep conversations and shared thoughts.
- ☐ b) Through quality time and shared activities.
- ☐ c) Through physical affection and closeness.
- ☐ d) Through words of affirmation and encouragement.

10. How do you typically respond when you feel emotionally disconnected from your partner? (Ephesians 4:26)

- ☐ a) I address it openly and work towards a resolution.
- ☐ b) I withdraw and hope it resolves on its own.
- ☐ c) I become frustrated and distant.
- ☐ d) I seek guidance from a trusted mentor, pastor, or counselor.

11. How important is spiritual intimacy in your marriage? (Ecclesiastes 4:12)

- ☐ a) Very important—it should be the foundation of our relationship.
- ☐ b) Somewhat important—I value it but haven't prioritized it.
- ☐ c) Not important—I see faith as a personal matter, not a shared one.

12. How do you plan to grow spiritually together as a couple? (Colossians 2:6-7)

- ☐ a) Praying together regularly.
- ☐ b) Studying the Bible and attending church together.
- ☐ c) Serving in ministry together.
- ☐ d) All of the above.
- ☐ e) I am not interested in growing spiritually together in our marriage.

13. What is your biggest concern about maintaining spiritual intimacy in marriage? (Matthew 6:33)

- ☐ a) Not prioritizing prayer and Bible study as a couple.
- ☐ b) Letting daily life and responsibilities take over.
- ☐ c) Struggling with differences in spiritual maturity or beliefs.
- ☐ d) I don't have concerns—we are on the same page spiritually.

14. How comfortable are you praying with your fiancé(e)? (James 5:16)

- ☐ a) Very comfortable—we pray together often.
- ☐ b) Somewhat comfortable—we pray together occasionally.
- ☐ c) A little uncomfortable—I struggle with praying aloud.
- ☐ d) Very uncomfortable—we haven't prayed together before.

SECTION FIVE: MISCELLANEOUS

1. What are your strengths and weaknesses in handling money? Check all that apply to you. (Proverbs 21:5; Luke 14:28)

- ☐ **Strengths:** I am disciplined in budgeting, saving, and avoiding unnecessary debt.
- ☐ **Weaknesses:** I sometimes struggle with generosity or trusting God with financial decisions.
- ☐ **Strengths:** I am generous and trust God to provide, prioritizing giving and helping others.
- ☐ **Weaknesses:** I struggle with generosity and often hold back in giving.
- ☐ **Strengths:** I manage money well for daily needs and enjoy financial planning.
- ☐ **Weaknesses:** I tend to worry about money and stress over financial security.

- ☐ **Strengths:** I am responsible with my finances but flexible when needed.
- ☐ **Weaknesses:** I sometimes make impulsive spending decisions without considering long-term consequences.
- ☐ **Strengths:** I do not stress much about money and trust everything will work out.
- ☐ **Weaknesses:** I lack financial discipline and struggle with sticking to a budget.

2. Do you have any outstanding debts? If so, have you discussed your debt with your fiancé(e)? ☐ Yes ☐ No

3. Do you have any current or past health issues (physical, mental, emotional)? If so, please explain.

4. What is your relationship's top 2-3 issues currently?

1. _____
2. _____
3. _____

5. Is there anything else we should know that has not been covered in this form?

PARKWAY BAPTIST CHURCH

PREMARITAL COUNSELING CONSENT & DISCLOSURE AGREEMENT

Participant Acknowledgment & Consent

By completing and signing this form, you voluntarily acknowledge and consent to participate in Parkway Baptist Church's **Premarital Counseling Program**. You understand and agree to the following:

1. **Confidentiality**—All information provided in this questionnaire will be treated as confidential and used solely to facilitate and guide premarital counseling sessions for you and your fiancé(e).
2. **Purpose**—The premarital counseling program provides **spiritual and practical** guidance to help build a strong, Christ-centered marriage.
3. **Transparency**—The Information you provide in this form will be openly discussed with your future spouse during counseling sessions to foster honest and meaningful dialogue.
4. **Submission Deadline**—The completed questionnaire must be submitted to Dr. David Sampson, Senior Pastor of Parkway Baptist Church, no later than one month before **your initial counseling session**.
5. **Personal Completion Requirement** – By signing below, you confirm that you are the **sole individual completing this form**, answering all questions truthfully and to the best of your knowledge. **Do not sign if you are not the one personally responding.**

By signing below, you confirm that you have read, understand, and agree to the terms outlined above. You further affirm that all information provided is accurate to the best of your knowledge.

Participant Signatures

Bride's Name (Print): _____

Bride's Signature: _____

Date: _____

Groom's Name (Print): _____

Groom's Signature: _____

Date: _____