Psalms



Fall Women's Bible Fellowship

KNOWLEDGE » AFFECTION » TRANSFORMATION

WBF

WOMEN'S BIBLE FELLOWSHIP

Psalm 77 & 85



READING:
PSALMS 73-89

Weekly Class Schedule

9:05 - 9:10 Opening & Psalm 1 Recitation

9:10 - 9:35 Table Discussion

9:35 - 10:05 Large Group: Q & A

10:05 - 10:15 Application

10:15–10:40 - Wrap-Up

10:40-10:45 - Responsive Prayer

Psalms

Psalm 1



1 Blessed is the man
who walks not in the counsel of the wicked,
nor stands in the way of sinners,
nor sits in the seat of scoffers;
2 but his delight is in the law[b] of the Lord,
and on his law he meditates day and night.
3 He is like a tree
planted by streams of water
that yields its fruit in its season,
and its leaf does not wither.
In all that he does, he prospers.
4 The wicked are not so,
but are like chaff that the wind drives away.
5 Therefore the wicked will not stand in the judgment,
nor sinners in the congregation of the righteous;
6 for the Lord knows the way of the righteous,
but the way of the wicked will perish.

Table Discussion Time

Observation • Interpretation •
Main Points / Timeless Truths

Use the workbook questions to help guide your discussion.

Psalms

9:10-09:35

JUST A REMINDER...

5 minutes

Large Group: Class Discussion

Psalms

9:35-10:05

Application at Tables & Large Group Response

Psalms

10:05-10:15



Wrap-Up

10:15-10:40

Biblical lament doesn't stand in opposition to faith.
It is the pathway to a deeper, more resilient faith in God.



What is Lament?

A prayer in pain that leads to trust.

Psalms

Components of Lament:

Turn

Complain

Ask

Trust.

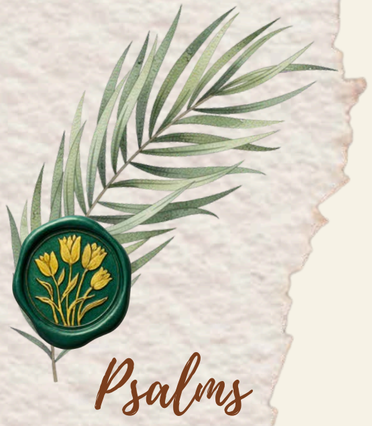
Psalms

Turn - Addresses God

"I cry aloud to God, aloud to God,
and He will hear me.
In the day of trouble, I seek the Lord."
Ps. 77:1-2.

Cry Aloud:

An urgent, audible cry that insists on a response.



Complain - Speak Honestly

9 Godly Complaints/Questions:

Will the Lord spurn forever? (Ps. 77:7)
Will He never be favorable? (Ps. 77:7)
Has His steadfast love forever ceased? (Ps. 77:8)
Are his promises at an end for all time? (Ps. 77:8)
Has God forgotten to be gracious? (Ps. 77:9)
Has he in anger shut up His compassion? (Ps. 77:9)

Will you be angry with us forever? (Ps. 85:5)
Will you prolong your anger to all generations? (Ps. 85:5)
Will you not revive us again? (Ps. 85:6)



Ask -

Boldly and Directly

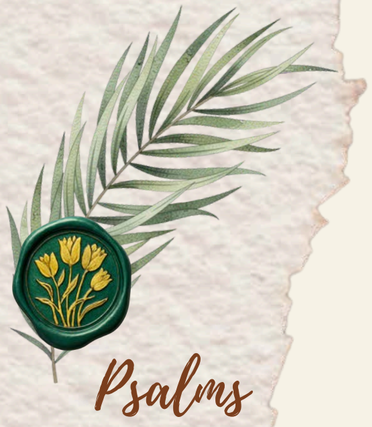
“ I will appeal to this, to the years of the right hand of the **Most High**...”

Psalm 77:10

“Restore us again,

O God of our **Salvation!**”

Psalm 85:4



“In his deep pain and his sense of abandonment, he anchors his soul to who God is and what he has done. His complaints are not cul-de-sacs of sorrow but bridges that lead him to God’s character.”

Mark Vroegop

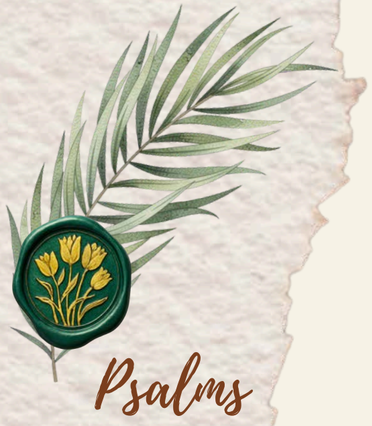


God's Favor?



"I will remember"

By actively recalling God's past faithfulness,
it can be like oxygen to a fire,
fueling our present and future hope.



Trust -

The Lord is your refuge

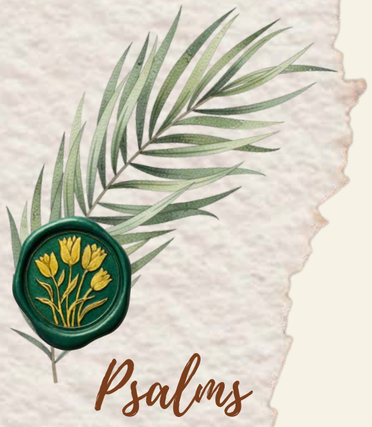
“It is the easiest thing in the world...to trust God when the path is all sunshine.
The real victory of faith is to trust God in the dark and through the dark.”

Theodore Cuyler



“Surely his salvation is near to those who fear him, that glory may dwell in our land.”

Ps. 85:9



The people were rightly longing for restoration.

For God to make right what sin had broken.

To allow His kingdom of peace to rule on earth as it is in heaven.



Turn - Address God

Turn - Address God

Complain - Speak Honestly

Turn - Address God

Complain - Speak Honestly

Ask - Boldly & Directly

Turn - Address God

Complain - Speak Honestly

Ask - Boldly & Directly

Trust - He becomes refuge

Table time: Responsive Prayer



10:40-10:45

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Thank you for joining us this week!

Please remember to pick up your children by 11:00

Type your text



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