LEFC KIDS

SHEPHERD OVERVIEW

Pre-K / K
Nov. 15, 2026
2nd Service

Jesus Appeared to His Disciples

Luke 24; John 20

What did Jesus do to save us?

Jesus died on the cross and rose from the dead.

If God is for us, who can be against us?
-Romans 8:31

Story Point:

Jesus proved to His disciples He is alive!

- [ ] Welcome/Intro Activity..... 5 minutes
- [ ] Kids Worship @ 11:00 - Large Group 3..... 15-20 minutes
- [ ] Circle Time and Bible Story ..... 10 minutes
- [ ] Movement Activity..... 10 minutes
- [ ] Craft ..... 10 minutes
- [ ] Music and Friends From Afar ..... 10 minutes
- [ ] Prayer and Bible Verse ..... 10 minutes
- [ ] Snack and Discussion Time ..... 5-7 minutes

SHEPHERD GUIDE

Today's passage describes the disciples huddled together in a locked room. Without needing a key, Christ appeared to them where they were gathered.

Jesus did not proclaim words of frustration to the disciples for having abandoned Him during His trial and crucifixion, but rather words of peace. He showed them the scars He had received in His sacrificial act to bring reconciliation between God and sinners—the wounds Isaiah had prophesied would bring peace and healing (Isaiah 53:5). Jesus then commissioned the disciples for His Father's kingdom. He sent them out, promising them His Spirit, and extended to them His forgiveness so they could also extend it to others.

Thomas arrived late to their gathering, without having witnessed the resurrected Jesus for himself. Thomas didn't have faith to believe in the good news without seeing the scars with his own eyes and even touching the wounds on Jesus's side. It took a week for Thomas to come face to face with His Savior. When Jesus saw the doubting disciple, He declared words of peace, inviting him to believe rather than to be faithless. Jesus blessed Thomas and declared today's believers even more blessed to have faith without seeing Jesus's resurrected body.

Jesus opened the disciples' minds to understand, "everything written about [Him] in the Law of Moses, the Prophets, and the Psalms," by teaching them how the Old Testament testifies about Him. It's notable that one of Jesus's first post-resurrection teachings involved how to see the Savior in all of Scripture. You are imitating the Savior this way as you help the kids understand the Christ Connection of each week's Bible story.

Before departing, Jesus declared the disciples His witnesses and promised they would soon be empowered by the Holy Spirit. As you lead kids this week, pray that they will respond to the gospel so that they, too, might become Jesus's disciples. Pray that they will trust Him and receive the hope, peace, and forgiveness only He offers.

REMINDER: Our VIP meeting is from 8:30-8:40 in C1. Your supply bin will be in your classroom.

LEFC KIDS

Pre-K/K

KNOW + LOVE + FOLLOW + SHARE

Nov. 15, 2026
2nd Service

MAIN TAKEAWAYS: We want our kids to:

*KNOW that Jesus is alive!
*TRUST Jesus and talk to Him.
*TELL others about Jesus!

As children arrive - Welcome them by name and invite them to play with you and the other children.
Use this time to get to know your kids - ask them about their week, about their likes and dislikes and about their school, family and friends.
Ways to connect - Play a game from the closet, color or draw together, build with legos/blocks, etc.
When most kids have arrived for first service (by 9:05ish), ask them to clean up the toys and find a seat at one of the tables to begin the class.



PREPARE HEARTS

Welcome and Intro Activity

- None

Welcome the children and mark them as present on the attendance sheet on the clipboard by the door.

Which of these things can you see and touch? Give a thumbs up if you can see and touch and a thumbs down if you can't, but they are still real.

- Air / Book / Gravity / Hand / Flower / Love / Wind / Eyes / Ball /Pencil

Today's Bible story shows us another exciting moment when Jesus appeared to His disciples. They were scared, hiding behind locked doors, unsure what to believe. But JESUS PROVED TO HIS DISCIPLES HE IS ALIVE. He spoke peace to them, showed them His hands and feet, and even ate with them. Jesus wanted His followers to know without a doubt that He truly lives.



KIDS WORSHIP

11:00 **Kids Worship for Pre-K - 4th Grade in LG2.**

ACTIVE MINDS

Place a small, lightweight object inside a paper bag. Show the bag to the kids. Shake the bag. Turn the bag upside down, but do not let the object fall out. Ask the kids if they think there is something inside the bag. After kids give their answers, reveal the object.

INTRODUCE THE BIBLE STORY

- Small lightweight object in a paper bag

SAY: Even though you could not see it, there was an object inside this bag! It can be hard to believe in something without seeing it with our own eyes. Today in our Bible story, we will learn how JESUS SHOWED HIS DISCIPLES HE IS ALIVE.

STORYTELLING TIPS:
Repeat the word: Every time you say the word "believe," encourage the kids to stand up and say "believe."
Make Jesus Appear: Cover the picture of Jesus on the Bible Story Picture with a sticky note. When He appears in the story, remove the sticky note and look surprised.

BIBLE STORY:

Jesus Appeared to His Disciples

One evening, Jesus's friends were in a room with the doors locked. They were afraid of the people who were in charge in the city. But Mary had told Jesus' friends that she had seen Jesus alive.

**Suddenly, Jesus appeared in the room! He said, "Peace to you."
The friends were surprised and scared. They thought, "Is this really Jesus?" They thought He was a ghost, but Jesus showed them His hands and His feet. "Look at Me and touch Me," He said. "A ghost doesn't have a body, but I do." Then Jesus ate some fish to show He was alive.**

Jesus reminded them, "I told you the Messiah would die and come back to life. Now it has happened—just like God's Word said." Jesus gave His friends an important job: they should tell everyone the good news that Jesus died and rose again!

One friend, Thomas, wasn't there. When he heard Jesus was alive, Thomas said, "I won't believe it unless I see and touch His wounds."

A week later, Jesus appeared again. This time, Thomas was there. Jesus said, "Thomas, look at My hands. Touch My side. Don't doubt—believe." Thomas said, "My Lord and my God!"

Jesus said, "You believe because you saw Me. Blessed are those who believe without seeing."

CHRIST CONNECTION

Jesus's friends had left Him when He was arrested, but He still loved and forgave them. Through His death and resurrection, Jesus offers peace and forgiveness to everyone who trusts in Him.



REVIEW AND DISCUSS

- Mini Jesus figurine

Have the children close their eyes and hide a mini Jesus figurine somewhere in the room. Ask for two volunteers to search for it. Give them 30 seconds. When one of them finds it, have them bring it back to the rug and ask them one of the following questions. Then, have them re-hide it while everyone closes their eyes again. Repeat with new volunteers as time allows.

- What did you like about the Bible story? (Answers will vary.)
- What were some things in the Bible story that made you happy or sad?
- Did all of Jesus's friends believe that He rose from the dead? (At first, His friends thought He was a ghost; Thomas did not believe until He saw Jesus.)
- Why did Jesus show His hands and feet and eat fish? (to show His disciples He is alive)
- How do we know Jesus is alive? (The Bible tells us.)
- What did Jesus do to save us? Jesus died on the cross and rose from the dead.

SAY: Jesus's friends were scared after Jesus died, and they were in a locked room. Jesus appeared in the room and surprised His friends. Show me what kind of face you think Jesus's friends made when Jesus appeared. [Allow responses.] JESUS SHOWED HIS DISCIPLES HE IS ALIVE by eating fish and later by letting Thomas touch His hands and feet. Jesus said that those who believe without seeing are blessed. Jesus offers peace and forgiveness to everyone who trusts in Him.



Movement Activity

Hula Hoop Relay

- Hula Hoop

Guide the kids to hold hands in a straight line.

Place a large plastic hoop in the first child's hand. Encourage that kid to pass the large plastic hoop to the next kid without letting go of their hands by putting the hoop over his head and stepping over the bottom.

As each child passes the hoop, encourage that child to say, "JESUS SHOWED HIS DISCIPLES HE IS ALIVE."

SAY: You passed the hoop and shared our story point! JESUS SHOWED HIS DISCIPLES HE IS ALIVE. Once Jesus appeared to His disciples, He gave them a job. He wanted them to tell all people how Jesus offers peace and forgiveness to everyone who trusts in Him. You can tell people this truth too!

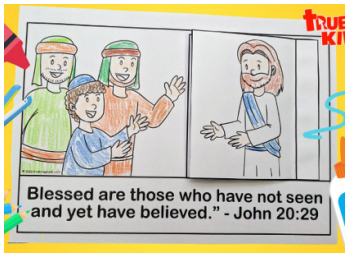
Craft

Thomas Craft

- Template Page
- Jesus cut-out
- Glue sticks
- Crayons
- Colored Pencils
- Markers

Give each child a template page and Jesus cut-out along with crayons, colored pencils or markers.

Have them color the page and then glue where shown to make a flap.



SAY You used a flashlight to find the hidden poster. After Jesus rose from the dead, He did not stay hidden. Jesus showed His disciples He is alive. Jesus wants us to know Him. By dying on the cross and rising again, Jesus made the way for us to have forgiveness for our sins, the wrong things we do. Jesus gives peace and forgiveness to those who trust in Him.

Music

You will find music and other video resources on the USB which is already plugged into the TV. Feel free to play the videos in any order you would like!

Friends From Afar

You will find today's activity for Friends From Afar in the Binder on the counter. The information for this month's Global Partner family and an activity to learn about where they are serving are invluded. Necessary supplies are located in your bin.

Prayer and Bible Verse

- Bubbles

Prayer:
Use these words, or your own, to pray about today's Bible lesson. Take time to listen to prayer requests from the children and pray for them as well.

God, thank You so much for Jesus and His sacrifice for our sins. | am so thankful that through Jesus's death and resurrection, we receive peace and forgiveness when we believe and follow Him. Help (Say each child's name.) believe and follow Jesus. Help us tell those around us the good news about Jesus. Amen.

Bible Verse:
Read the verse aloud - Romans 8:31

Take a bottle of bubbles and blow the bubbles. Then have your students try to stay the verse before all the bubbles pop. Repeat several times, having different students blow the bubbles.



Snack and Discussion Time

- Snack (Pretzels) located under the sink cabinet

Have children sanitize their hands before passing out snacks and cups of water. During this time, you can connect with children and discuss questions regarding the lesson.

- What was your favorite part of today's Bible story?
- What did you learn about God in today's Bible story?
- Who was in the locked room at the beginning of the story? (Jesus's friends)
- What did Jesus do to show He is alive? (He appeared to His friends and ate fish.)
- What did Jesus first say when He appeared to His friends? ("Peace to you.")
- What job did Jesus give His friends? (They should tell everyone the good news that Jesus died and rose again.)
- What did Jesus do to save us? (Jesus died on the cross and rose from the dead.)

SAY: JESUS SHOWED HIS DISCIPLES HE IS ALIVE. Jesus wanted them to tell all people how He offers peace and forgiveness to everyone who trusts in Him.



Additional Activities:

- Play Dough

PLAY HEAD, SHOULDERS, KNEES, AND TOES
Explain to kids that you will call out different body parts in a random order. Instruct the kids to touch the body part you name. Continue playing as time and interest allow. SAY Wow! That was so much fun! You all listened so well. Like we touched our head, shoulders, knees, and toes, Thomas said he needed to touch Jesus's body to believe that Jesus was alive. When Thomas saw Jesus, He believed that Jesus is alive and said, 'My Lord and My God.'

STAMP HANDS IN PLAY DOUGH
Give each child a small ball of play dough. Demonstrate how to use a rolling pin to flatten the dough. Show the kids how to press their hands and fingers into the flattened dough to make handprints and fingerprints. Encourage kids to smooth the play dough and press again to make more prints. Collect the play dough when finished. SAY These handprints look great! JESUS SHOWED HIS DISCIPLES HE 1S ALIVE when He showed them the wounds in His hands and feet. When you look at your handprints, you can remember that Jesus is alive. Through His death and resurrection, Jesus offers peace and forgiveness to everyone who trusts in Him.

GUESS EMOTIONS
Play out different emotions and encourage the kids to guess which emotion you are showing. Then allow each child a turn to play out an emotion, while the other kids guess. Display emotions like fear, surprise, happiness, sadness, and anger. SAY _ You showed some big emotions! In our story today, we will learn how surprised and scared Jesus's friends were when He appeared to them. | can't wait to tell you the whole story!

UNWRAP AN ITEM
Choose several small items in the room such as a crayon, marker, scissors, glue, a block, and other small toys. Wrap the items in separate sheets of paper by crumbling the paper around each individual item. Display all the wrapped items. Encourage the kids to unwrap the items to see what appears. SAY It was fun to see what appeared when we unwrapped each item. Who appeared in our Bible story today? (Jesus) When Jesus appeared, He said, 'Peace to you.' At first Jesus's friends were surprised and scared. But Jesus showed them His hands and His feet and ate fish. JESUS SHOWED HIS DISCIPLES HE IS ALIVE. Jesus offers peace and forgiveness to everyone who trusts in Him. He wanted His disciples to share this truth then, and He wants us to share it today!