

# LG DISCUSSION LIFEGROUPS GUIDE

Use these questions in your Life Group gatherings or for further discussion as a family.

## OUR LIGHT SHINES THROUGH OUR MOUTHS | FEBRUARY 1, 2026

### SERMON RECAP

*Our Light shines through our mouths. Our deeds till the soil; our words plant the seeds.*

### THE LEAD IN

- Who has had the biggest influence on your walk with Christ? What have they **said** to you that made such an impact?

### GETTING INTO THE TEXT

- Read Matthew 5:14-16. This text talks about light being seen by all. How might hearing also be a part of the Light going out to all?
- Also read John 12:46-47, John 5:31-35, and Acts 13:46-49. Discuss the need for hearing to be a part of the spreading of the Light.

### GOING DEEPER

- Kevin said, “Maybe a reason we gravitate towards being light only through our deeds is because good deeds do not threaten to alienate us. But our words can alienate us.” Do you resonate with this? Is it easy for you to shine the Light through actions and neglect words?
- What fears do you have that keep you from speaking about Jesus to those who don’t know Him? How could you start to shift normal conversations to include God and your faith in natural ways?

### PRAYER

- Pray asking for boldness to speak words of light and life! Pray for people by name in your Oikos who need to hear and receive the good news of the gospel.