

JESUS CALMED A STORM



Bible Reference: Mark 4:35-41

Date: 8/16/26

Grade: PreK /Kindergarten

2nd Service

Memory Verse:

"I am the way, and the truth, and the life. No one comes to the Father except through me." John 14:6

Jesus is...

All-Powerful

Schedule

- **Welcome/Arrival.....10:45-10:55**
- **Story Station (LG2).....11:00-11:20**
- **Project Station (Classroom).....11:25-11:45**
- **Game Station (LG1).....11:50-12:10**
- **Back to Classroom;.....12:15**
 - **Dismissal**

Notes and Reminders

We are so excited to have you join us in discipling our PreK and Kindergarten children as we journey through the life of Christ this summer! We encourage you to pray for the children's hearts to be open to new understanding of why we love and obey God!



SUMMER SUNDAYS 2026

SHEPHERD BIBLE STUDY

A friend of mine recalled a childhood memory when he jolted out of bed in the middle of the night, ran into the hallway, and put his head between his knees. A tornado was ripping through his neighborhood.

As the storm passed over his family's house, it sounded like a train was roaring above them. And yet, when the winds and rain finally died down, my friend realized his brother never made it out of his bedroom. When my friend went to check on him, he was sound asleep. He had slept through the entire storm.

This image of peace amid chaos is similar to Jesus' disposition in this week's story of Him calming the storm. The disciples were experienced fishermen, but this storm on the Sea of Galilee was fierce. The waves crashed into their small boat, and the wind howled. They were convinced they were going to drown. Meanwhile, Jesus—the Son of God, their teacher and Lord—was asleep in the boat.

In panic, they shook Him awake and shouted, "Lord, save us! Don't you care that we're going to die?" Jesus stood up and said to the wind and the waves, "Silence! Be still!" Instantly, everything stopped. The sea became as smooth as glass.

Then Jesus turned to His disciples and asked, "Why are you so afraid? Do you still have no faith?" Jesus was reminding them it doesn't matter how strong the storm is outside the boat when Jesus is inside the boat.

When the storms of life rise—whether it's a health crisis, financial struggle, broken relationship, or deep anxiety—it's easy to feel like Jesus is "asleep" in your life. This story, however, reminds us that He is still in control—and He never loses His sovereign grip.

As you teach kids this week, help them see that the same Savior who calmed the wind and waves that night still speaks peace into the chaos of our lives today.

OUTLINE



Welcome and Arrival

10:45-10:55

Welcome the children and mark them as present on the attendance sheet on the clipboard by the door.

- Choose one or several of the following activities to organize as the children arrive.

Play a Fall Asleep and Wake Up Game

- Play music and encourage kids to dance and move around the room. Say “stop” and pause the music. Prompt kids to lie on the floor and pretend to sleep. Say “wake up” and restart the music. Instruct kids to get up and dance around the room again. Repeat the process several times. Continue playing as long as the kids are interested.
- SAY In today’s Bible story, Jesus was very tired, so He went to sleep in the back of the boat. While He was sleeping, what happened? (A storm came.) How did the disciples feel? (They were afraid.) So, they woke up Jesus and asked Jesus to save them! Jesus has power over nature. Jesus calmed a storm to show the disciples He is God. The disciples were amazed!

Make a Storm

- Lay out a blue sheet or parachute and instruct children to line up around the edge of it. Ask kids to gently pick up the edge of the sheet. While they’re holding it up, throw a few foam balls into the center of the sheet. Tell the children that when you say **STORM**, they should shake the edges of the sheet. When you say **CALM**, everyone should stop shaking the sheet.
- SAY We made a big storm! When we shook the sheet, the balls flew everywhere, and it was a little bit wild. But when you let the sheet be still, everything settled down and became calm again. In the Bible, Jesus told the wind to stop and the waves to be calm. The waves stopped. Jesus calmed a storm to show the disciples that He is all-powerful!

Make Play Dough Boats

- Provide play dough for each child and prompt them to make boats with it.
- SAY I like looking at the boats you make with your play dough. I wonder what the boat looked like that Jesus was in. Have any of you ever been in a boat? Can you describe it for us? How do you think you would have felt if you were in the boat with Jesus? Jesus calmed a storm to show the disciples He is God. Jesus is God’s Son! He has power over everything. He made the winds and the waves be still.

Story Station (Large Group 2).....11:00-11:20



Project Station (Classroom)

11:25-11:45

Rocking Boat Craft

- Give each child a paper plate and boat cutout. Help children to fold their paper plates in half, and glue pieces of blue paper around the plate to make the sea. Give the children crayons or markers to color their boat figures. Glue the cutout on one side of the folded plate to look like the boat is on the water. Show children that when they stand the plate so that the fold is towards the ceiling, they can rock it back and forth to look like the seas are moving. As it is rocking on its own, remind children that Jesus showed the disciples that he is all-powerful by stopping the storm. When you say this, steady the paper plate so that it is no longer rocking.

Discuss what the children learned during the Bible Story today. Use the main Takeaways as a guide to your discussion.

- Jesus is all-powerful! He has control over all things, even the wind and the waves.
- Jesus is fully God and Fully Man.
- Jesus knows and cares when they are afraid or worried.
- They can trust Jesus in the storms of life.

Sample Questions:

- What did you like about the Bible story? (Answers will vary.)
- What surprised you in the Bible story? (Answers will vary.)
- What was Jesus doing when the storm started? (sleeping)
- Why did the storm suddenly stop? (Jesus told the wind to stop blowing and the waves to be still.)
- Who has power over nature? (Jesus)
- Is the Bible true? Yes, the Bible is true.

Practice Memory Verse

- Read the memory verse aloud. Say the memory verse together while making it “rain” using snapping, clapping, rubbing hands together, stomping feet, and so on.
- SAY The disciples were actually with Jesus in the boat when the storm came. The disciples were afraid. Jesus calmed the storm to show the disciples that He is all-powerful. Even though storms can be really big and might be scary, Jesus is still more powerful!

Game Station (Large Group 1)11:50-12:10

Back to Classroom12:15

Dismissal!

