

SERIES TITLE: Majesty

PART 2: THE GOD WHO RESTS

TEXT: GENESIS 2:1-3

INTRODUCTION. In this series, we will explore the opening chapters of Genesis. The end result must be a growing appreciation for the majesty of God, or we have missed the point. This glorious passage forms a hymn of honor to the Creator.

DISCUSSION. How would you compare the pace of life today with the pace of life for your parents?

EXAMINATION.

Vv.1-3 Compare this description of day seven with the previous six. What is different?

- Why did God rest, according to this text?
- The word “finished” (kaw-law) is also used in Genesis 24:22. How does that inform our understanding of this text?
- What does it mean that God blessed the seventh day and made it holy?
- What did that look like for ancient Israel? (Exodus 20:8-11, 31:14-18)
- How does that translate to the New Testament Church? (Consider Colossians 2:13-17, Romans 14:5-6 in your conclusions)

APPLICATION.

- If God made life to be a pattern of work and rest, how do we apply that without becoming legalistic?
- Is applying a Sabbath principle more important or equally important for a Christian as it is for anyone else? Why?
- What are some practical ways you are able to worship through your work?
- How do you avoid worshiping your work?

- When it comes to worshiping through rest, consider these 5 suggestions and discuss what that might look like:
 - 1) Come to a full stop
 - 2) Celebrate your accomplishments
 - 3) Connect with the Creator
 - 4) Declare your dependence
 - 5) Rest your soul
- Fact: What is a key truth that you understood from this passage?
- React: What did you feel?
- Act: What one thing could you do to apply this Scripture?