

Practitioners

Dr. N.D. Victor Carsrud, PhD, MD (*MSR*), DC, MBBS, MS, MS, DABCI, DCBCN *



Dr. Carsrud brings a diverse and broad base of integrated knowledge to help his patients. Dr. Carsrud holds an PhD and Academic Medical Doctorate and is a prolific medical researcher and writer. He holds a Doctorate of Chiropractic, operates under this license to support patients using integrative nutritional and natural therapies. His doctoral dissertation focused on nutritional endocrinology, with Master's degrees focused on Medical Science and Human Gene Targeting. He is board Certified in Chiropractic Family Practice and Management of Internal Disorders (DABCI), and Clinical Nutrition (DCBCN).

He is the current Vice President of the ACA-CDID College for Pharmacology and Toxicology and the At Large Board member for Chiropractic Board of Clinical Nutrition. He is a nutrigenomic consultant for GX Sciences, focusing on the interaction between genes and your nutrition, and consults on functional nutrition for companies such as NuMedica and NeuroScience. Known for his public lectures on a wide variety of subjects, Dr. Carsrud is a nationally recognized lecturer on the subject of integrative and functional nutrition.

His current practice focus is on identifying and preventing the causes of Chronic Disease, and in particular Neurocognitive Disorders.

Dr. Carsrud was awarded the 2023 Cessna Award for contributions to Clinical Research and Practice by the ACA-CDID, with over **70 current publications** on subjects ranging from primary care and clinical nutrition to pathology and infectious diseases.

In his spare time, Dr. Carsrud is an author, supports his local Scout Troop, teaches American History, Government, and Economics to his local Home Schooling Co-op, and is actively involved in his Knights of Columbus Council.