

Discussion Guide

Discussion Guides accompany the [weekly message](#).

Opening Activity:

What is something you trained for but were not naturally good at first: a sport, a skill, a job, cooking, or something else? What helped you keep going when it was hard?

Read:

Philippians 3:1-14

Matthew 13:44-46

Titus 2:11-12

Discussion Questions:

1. In Philippians 3:3-9, what did Paul once trust, and what does he trust now? Where do you still lean on your own effort, record, or image?
2. How can Philippians 3:1 call us to rejoice in the Lord without asking us to deny real grief or pain? Where have you seen God meet you in hardship?
3. Why does Paul call human credentials worthless beside knowing Christ? How does that free us from both pride in success and despair in failure?
4. Read Matthew 13:44-46. What makes Jesus worth more than everything else? What may need to loosen its grip on your heart this week?
5. According to Titus 2:11-12, how does grace train us to live differently without making obedience a way to earn God's love?
6. Where do you need the Holy Spirit's strength right now? What would it look like to ask for His help instead of managing it alone?
7. Paul admits he has not arrived (Philippians 3:12). How can we be honest about struggle without either giving up or excusing sin?
8. What is the difference between denying your past and refusing to let past sin, wounds, or shame define your future?
9. What past label or accusation most often pulls your eyes down? What truth from Scripture do you need to put in its place?
10. What is one specific way you will "press on" this week? How can this group help you follow through?

Challenge for the Week:

Read Philippians 3:7-14 on three days this week. Ask Jesus, "What am I still trying to prove, and what do You want me to release?" Share one answer and one next step with a trusted person.