

Discussion Guide

Discussion Guides accompany the [weekly message](#).

Opening Activity:

If your inner critic announced your everyday life like an overdramatic sports commentator, what would it say about your cooking, parking, dancing, or other skills?

Read:

Romans 8:1-15

Luke 7:36-50

Romans 12:2

Discussion Questions:

1. In Luke 7, how do Simon and the woman respond to their need for forgiveness? Why is her love evidence of grace received through faith rather than the reason she was forgiven?
2. Romans 8:1 promises “no condemnation” for those in Christ Jesus. What does that declaration mean—and how is it different from saying sin does not matter or consequences disappear?
3. Romans 8:3 says God condemned sin through the sacrifice of His Son. How does Jesus’ finished work explain why believers are no longer condemned, even while they still struggle with sin?
4. The law reveals sin but cannot rescue us from it. Where are you tempted to improve your standing with God through performance, religious habits, or having the right answers?
5. How can you distinguish the Spirit’s conviction, which leads us toward repentance and Jesus, from accusing shame that tells us we are rejected or beyond grace?
6. Romans 8:5-6 connects our thinking with the direction of our lives. What thoughts or voices most influence you? How do Scripture, prayer, and trusted believers help you replace lies with God’s truth?
7. Romans 8:11 says the Spirit who raised Jesus lives in believers. How does that change the way you face temptation, discouragement, or an area where you feel stuck?
8. Paul says we receive the Spirit of adoption, not a spirit of fearful slavery. What changes when you approach God as His beloved child rather than someone still waiting for a verdict?
9. We follow the Spirit because we are accepted in Christ, not to earn acceptance. How can Scripture, prayer, and wise counsel help you recognize His leading and obey without waiting to feel perfect?
10. “When we stop thinking like the condemned, we can start living like the adopted.” Where do you need to replace an old accusation with God’s truth—and how can this group help you live from that security?

Challenge for the Week:

Ask a trusted friend what fear or accusation they are carrying. Listen, share Romans 8:1, pray together, and remind them of the hope found in Christ.