

Discussion Guide

Discussion Guides accompany the [weekly message](#).

Opening Activity:

Share about a time someone unexpectedly paid for something, gave you a gift, or helped you without being asked. How did you respond?

Read:

Ephesians 1:3-14

Ephesians 4:30

Romans 8:15-17

1 Peter 1:3-4

Discussion Questions:

1. The sermon defined grace as God's unearned favor and generous action toward people who deserve judgment rather than blessing. Which part of that definition stands out to you most?
2. Ephesians 1 says God loved and chose us before He made the world. How does that challenge the idea that we must earn God's attention or affection?
3. Paul begins by celebrating spiritual blessings rather than temporary circumstances. Which blessing in this passage are you most grateful for today?
4. God did not reluctantly allow us into His family; He delighted in adopting us through Christ. Why can it be easier to believe God tolerates us than to believe He truly wants us?
5. The sermon said our standing before God is determined by what Christ accomplished, not by our old life. Where do shame or past failures still make that truth difficult to receive?
6. Paul says that in Jesus we are fully, freely, and forever forgiven. How should that kind of forgiveness change the way we relate to God and to other people?
7. Some promises of grace are already ours, while others are still to come. How can our promised inheritance give us hope during present difficulties?
8. The Holy Spirit identifies us as God's own and guarantees what is coming. What difference should that security make in the way a Christian lives?
9. The sermon said our response does not cause grace; it results from encountering grace. What is the difference between obeying to earn God's love and obeying because we have received it?
10. Paul repeatedly says grace should lead us to praise and glorify God. What is one ordinary part of your life where gratitude for grace could become more visible?

Challenge for the Week:

Begin each day by naming one gift of grace you have received. Then thank God and let that grace shape one choice, conversation, or act of obedience.