

Discussion Guide

Discussion Guides accompany the [weekly message](#).

Opening Activity:

When have you felt the pull to justify yourself (or lash out) instead of humbling yourself—and what usually triggers that in you?

Read:

Genesis 4:1-15

Genesis 3:15

Romans 6:16

1 Corinthians 11:27-31

Discussion Questions:

1. Read Genesis 4:3-5. What do you notice about what Cain brought to God compared to what Abel brought?
2. Read Genesis 4:6-7. What warning does God give Cain, and what does God say Cain can do next?
3. Read Genesis 4:8. What went wrong in Cain's heart before he ever hurt Abel?
4. Read Genesis 4:9-10. Why do you think God asks, "where is your brother?" What does that question reveal?
5. Read Genesis 4:11-15. What consequences does Cain face, and what mercy does God still show him?
6. Romans 6:16 says we will serve one of two masters. What has been trying to control you lately—God or sin?
7. Cain was upset with God, but he took it out on his brother. When you're frustrated or hurt, who do you tend to take it out on?
8. What is one area of your life where you know the right thing to do, but you still struggle to do it?
9. Cain said, "Am I my brother's guardian?" What is one way you can care for someone's spiritual life without trying to control them?
10. What is one next step you can take this week to be "mastered by the Master" in a real-life situation (at home, at work, or with your relationships)?

Challenge for the Week:

Choose one area where sin is "crouching at the door" for you (a habit, attitude, secret, pattern, or relationship tension). Tell one trusted person, "I want Jesus to be my Master here," and ask them to check in with you once this week. Then take one concrete step of obedience within 24 hours (apologize, delete it, set a boundary, make restitution, or ask for prayer).