

# Discussion Guide

*Discussion Guides accompany the [weekly message](#).*

## **Opening Activity:**

Have you ever made a big commitment (diet, resolution, habit change) ... but then slipped back into old patterns later?

## **Read:**

Nehemiah 13:1-31

Romans 8:3-4

1 Corinthians 3:16-17

Deuteronomy 23:3-6

## **Discussion Questions:**

1. God's presence was so holy that entire sections of the Temple were restricted—and now our bodies are the Temple (Nehemiah 13:1-3). Why does God require holiness in the places and people where He dwells?
2. Tobiah—who tried to stop the wall—was now living inside the Temple. Bad influences often slip in quietly (Nehemiah 13:4-9). How can relationships either protect or compromise our holiness?
3. Because tithing stopped, priests had to abandon ministry and go farm—revival stalled when giving stopped (Nehemiah 13:10-14). What does the way we give and serve reveal about our spiritual priorities?
4. Nehemiah had to shut the city gates himself to restore Sabbath rest—revival requires boundaries (Nehemiah 13:15-22). What does your weekly rhythm say about who (or what) is Lord of your time?
5. Nehemiah was so grieved by spiritual compromise he pulled hair and threw hands ... because sin destroys futures (Nehemiah 13:23-29). How do we stay distinct from the world without withdrawing from it?
6. Why is it easier to get emotional about faith than to make actual life changes?
7. Which part of Nehemiah's reform (holiness, giving, Sabbath, relationships) is hardest for you personally?
8. Where do you notice a slip in spiritual commitment you once made with passion?
9. How can our group support each other in lasting obedience—not temporary emotion?

## **Challenge for the Week:**

Ask the Holy Spirit to show you one area where emotion hasn't yet led to obedience—take a practical step this week to live what you believe.