

Discussion Guide

Discussion Guides accompany the [weekly message](#).

Opening Activity:

Begin by praying for a deeper awareness of the spiritual battle we face, strength in the Lord and power through the Holy Spirit, and a local church in your area.

Read:

Ephesians 6:10-12

Discussion Questions:

1. Why do you think Paul ends his letter to the Ephesians with a “final word” about spiritual warfare? What does this say about its importance?
2. What does it practically look like to “be strong in the Lord and in His mighty power”? What habits or disciplines help you stay connected to that strength?
3. The pastor said that the enemy is not flesh and blood. How do we sometimes misidentify our enemy? Share a time when you were tempted to see a person as the enemy.
4. What stood out to you about Satan’s hierarchy of strategies in Ephesians 6:12? Evil rulers, authorities of the unseen world, mighty powers, evil spirits: Which of these do you feel is most active or dangerous in our culture?
5. How does secular media shape or distort truth? What are some healthy boundaries we can set with media and online content?
6. James 1:14-15 outlines the enemy’s simple game plan: temptation→evil desire→sinful action→death. Can you identify a moment where this sequence played out in your life? What could have interrupted the chain?
7. A lion cub eventually grows into a predator. What “lion cub” temptations might people keep in their lives because they seem harmless now? Why is it dangerous to ignore these early-stage sins?
8. What false attributes do we often assign to Satan or demons (e.g. omnipresence, omniscience)? How does recognizing their limitations change the way we respond to spiritual warfare?
9. How do Satan’s demons try to distract you from God’s Word or the work of the Holy Spirit? What tools can you use to stay grounded and aware?
10. How many of your decisions from the previous day were filtered through the question, “What does the Enemy want me to do?” How would that filter change your decisions going forward?

Activity:

Have each group member think of a recent sin or struggle. Use this path to trace it back: 1) What was the sin? 2) What desire led to that? 3) What temptation sparked that desire? Then share (if comfortable) or journal: What boundary or safeguard could interrupt that chain in the future?

Closing Encouragement:

Your story has an enemy, but you also have an ally—far greater in power, wisdom and love!