

# Discussion Guide

*Discussion Guides accompany the [weekly message](#).*

## Opening Question/Activity:

Think about a time when you had to rely on instructions or follow steps to accomplish something new—like learning to drive, cooking a recipe, or assembling furniture. What happened when you followed the instructions, and what happened when you didn't? How does that connect with how we approach life and faith?

## Discussion Questions:

1. Romans 12:3 talks about not thinking too highly or too lowly of ourselves. Which of these extremes do you struggle with most—being an "inflater" or a "deflater"? How does this impact your walk with Christ?
2. How does focusing on "the faith God has given you" change how you view yourself? Can you share a time when God helped you see yourself in a healthier, more accurate way?
3. What are some practical ways to guard against pride—whether it manifests as arrogance or self-pity—in our daily lives?
4. In verses 6–8, Paul lists spiritual gifts. Which of these do you identify with, and how have you seen God use that gift in your life?
5. How does an inflated or deflated self-assessment disrupt our ability to contribute to the Body of Christ? What does a healthy interaction in Christian community look like?
6. How has comparing yourself to others affected your confidence or willingness to serve in the past? How can you break free from this trap?
7. Paul describes the church as one body with many parts. What does this teach us about the importance of our differences? How can you celebrate others' gifts while honoring your own?
8. Paul encourages us to serve, lead, teach, or encourage with excellence. What small step can you take this week to use your gift more effectively in your church or community?
9. How does remembering God's grace help us combat insecurity or pride? How can you remind yourself of this truth when doubts arise?
10. When have you felt most fulfilled in serving God? What might be holding you back from experiencing that regularly?

## Challenge for the Week:

1. Read Romans 12:3-8 each day. Ask God to reveal which area (self-assessment, community interaction, or purpose) He wants you to focus on.
2. Identify one way to use your spiritual gift this week to bless someone in your small group, church or community. It could be as simple as encouraging someone with words, serving in a ministry, or offering kindness to someone in need.
3. Share your action step with a group member and check in with each other at your next meeting about how it went.

