

Discussion Guide

Discussion Guides accompany the [weekly message](#).

Opening Question:

What is one thing from your childhood or teenage years (like music, fashion, or habits) that you now look back on and think, "I can't believe I used to do that!"?

1. **Reflect on Romans 12:2** – What does "not copying the behavior and customs of this world" mean in your daily life?
2. What role do you think willpower, self-effort, and religious activity play in trying to live a holy life? How does this compare to relying on God's transformation?
3. In what ways have you noticed the world influencing your thoughts, values, or decisions?
4. How does Satan use "the lust of the flesh, the lust of the eyes, and the pride of life" to tempt people today?
5. Can you share a time when you felt you were in a spiritual battle? How did you respond?
6. How do you renew your mind daily? What practices help you stay focused on God's Word?
7. Discuss the balance between being in the world but not of the world. What does this look like practically?
8. In Colossians 3:1-4, Paul speaks about setting our minds on heavenly things. How can we do this while still engaging in our daily responsibilities?
9. Think about your "spiritual diet." What is the ratio of time spent with God versus time spent consuming worldly content? How can this be improved?
10. What steps can you take this week to focus more on God's will, which is described as "good, pleasing, and perfect"?

Challenge for the Week:

- **Activity:** Write down or share one habit, influence, or mindset you feel God is calling you to change or separate from this week. Share it with the group (if comfortable) or keep it as a personal reflection.
- Encourage accountability by pairing up group members to pray for one another during the week.

