



LEE ROAD
BAPTIST CHURCH

21 DAYS

OF PRAYER & FASTING

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FASTING OPTIONS

Liquid Fast – Drinking only purified liquids for a period of time.

Daniel Fast – Eat no meat, no dairy, no sweets, no bread, or processed food. Drink purified liquids, water, juice, etc.

Eat only nuts, fruits, vegetables; raw or cooked. 10+ days.

Indulgence Fast – A Fast that involves self-denial of a habit. (TV, Social Media, Shopping, Sweets...). Often combined with a Biblical fast as the Holy Spirit leads.

Partial Fast1 – Fast until 6AM to 6PM or sun-up to sundown.

Partial Fast2 – Fast from specific meals every day for a time.

Fast of Sacrifice – Anything the Holy Spirit speaks to you about that would be a personal sacrifice.

Absolute Fast – No food or Liquids for 1-3 days. Not recommended unless the Holy Spirit leads.

****Any type of fasting that can alter prescribed medications should be cleared by a physician.**

Things to Remember

- Prayer and Fasting needs be accompanied by time in the Bible everyday (multiple times if possible).
- Prayer and Fasting should be personal and not for public show (Matthew 6:5-18).
- Prayer and Fasting are not a magic formula—we pray for needs & choices, but ultimately God's will.



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JANUARY 5 - 25

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EVERY DAY

- Humble ourselves, asking for forgiveness for our sins (specific sins) and for repentance in our lives (turning from that sin and for change).
- Seeking God, declaring our dependence on Him in every area of our lives.
- His Kingdom come, praying for us to complete the Great Commission and for true revival in us individually and as a church.
- Hear from God, inviting the presence of God in our church and in our lives (people saved, taking next steps, and transformed lives).
- Believing God for answered prayer to our specific needs (faith, trust, and hope).

DAILY FOCUS: Week1

January 5th—Sunday morning Worship service
January 6th—Our Church members (general & specific)
January 7th—Our Church Pastors, Staff, & Leaders
January 8th—Our Church facilities (upkeep & needs)
January 9th—Our City - Greenville, Taylors, Greer...
January 10th—Our Nation - People, Leaders, Gov...
January 11th—Our World - International missions



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DAILY FOCUS: Week2

January 12th—Sunday morning Worship service
January 13th—Men, Women's, & Senior's Ministries
January 14th—Children & Student Ministries
January 15th—Music & Multimedia Ministries
January 16th—Sunday School & Bible Study groups
January 17th—Discipleship (disciples making disciples)
January 18th—Outreach (for our church to have a true connection and spiritual influence in our community)

DAILY FOCUS: Week3

January 19th—Sunday morning Worship service
January 20th—Our Families & Marriages
January 21st—The Lost - Family, friends, neighbors...
January 22nd—For GOD'S vision for LeeRoad to be accomplished in 2025 (church as a whole)
January 23rd—For GOD'S vision for your life to be accomplished in 2025 (you as an individual)
January 24th—Personal growth (deliverance from sin, knowledge, wisdom, discipleship, next steps...)
January 25th—Our specific Church needs (finances, unity, direction, changes, health...)