



LEE ROAD  
BAPTIST CHURCH

# 21 DAYS OF PRAYER & FASTING

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FASTING

## FASTING OPTIONS

- Liquid Fast – Drinking only purified liquids for a period of time.
- Daniel Fast – Eat no meat, no dairy, no sweets, no bread, or processed food. Drink purified liquids, water, juice, etc. Eat only nuts, fruits, vegetables; raw or cooked. 10+ days.
- Indulgence Fast – A Fast that involves self-denial of a habit. (TV, Social Media, Shopping, Sweets...). Often combined with a Biblical fast as the Holy Spirit leads.
- Partial Fast1 – Fast until 6AM to 6PM or sun-up to sundown.
- Partial Fast2 – Fast from specific meals every day for a time.
- Fast of Sacrifice – Anything the Holy Spirit speaks to you about that would be a personal sacrifice.
- Absolute Fast – No food or Liquids for 1-3 days. Not recommended unless the Holy Spirit leads.

**\*\*Any type of fasting that can alter prescribed medications should be cleared by a physician.**

## Things to Remember

- Prayer and Fasting needs be accompanied by time in the Bible everyday (multiple times if possible).
- Prayer and Fasting should be personal and not for public show (Matthew 6:5-18).
- Prayer and Fasting are not a magic formula—we pray for needs & choices, but ultimately God's will.

JANUARY 5 - 25



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## EVERY DAY

- Humble ourselves, asking for forgiveness for our sins (specific sins) and for repentance in our lives (turning from that sin and for change).
- Seeking God, declaring our dependence on Him in every area of our lives.
- His Kingdom come, praying for us to complete the Great Commission and for true revival in us individually and as a church.
- Hear from God, inviting the presence of God in our church and in our lives (people saved, taking next steps, and transformed lives).
- Believing God for answered prayer to our specific needs (faith, trust, and hope).

## DAILY FOCUS: Week1

January 5<sup>th</sup>—Sunday morning Worship service

January 6<sup>th</sup>—Our Church members (general & specific)

January 7<sup>th</sup>—Our Church Pastors, Staff, & Leaders

January 8<sup>th</sup>—Our Church facilities (upkeep & needs)

January 9<sup>th</sup>—Our City - Greenville, Taylors, Greer...

January 10<sup>th</sup>—Our Nation - People, Leaders, Gov...

January 11<sup>th</sup>—Our World - International missions



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## DAILY FOCUS: Week2

January 12<sup>th</sup>—Sunday morning Worship service

January 13<sup>th</sup>—Men, Women's, & Senior's Ministries

January 14<sup>th</sup>—Children & Student Ministries

January 15<sup>th</sup>—Music & Multimedia Ministries

January 16<sup>th</sup>—Sunday School & Bible Study groups

January 17<sup>th</sup>—Discipleship (disciples making disciples)

January 18<sup>th</sup>—Outreach (for our church to have a true connection and spiritual influence in our community)

## DAILY FOCUS: Week3

January 19<sup>th</sup>—Sunday morning Worship service

January 20<sup>th</sup>—Our Families & Marriages

January 21<sup>st</sup>—The Lost - Family, friends, neighbors...

January 22<sup>nd</sup>—For GOD'S vision for LeeRoad to be accomplished in 2025 (church as a whole)

January 23<sup>rd</sup>—For GOD'S vision for your life to be accomplished in 2025 (you as an individual)

January 24<sup>th</sup>—Personal growth (deliverance from sin, knowledge, wisdom, discipleship, next steps...)

January 25<sup>th</sup>—Our specific Church needs (finances, unity, direction, changes, health...)