



A Cup of Kindness *by Harry Olson*

I live by faith in the Son of God, who loved me and gave himself for me. - Galatians 2:20

I delighted in the taste of Grandma's rolled-out sugar cookies. Grandma taught me how to dip her cookies into a cup of coffee with mostly cream in it. To this day, I only drink coffee with lots of cream. Moreover, through her kindness and gentleness, she showed me God's love, too. What a simple difference Grandma made in my life.

In Paul's letter to the Churches in Galatia, he wants to make a difference in their lives. Some of these early Christians are questioning whether faith in the Gospel of Jesus Christ is enough. Paul wants to make it very clear to all that God's grace is at the heart of faith.

Paul's words continue to make a difference in our lives today. Paul continues that through grace, we are now free to live in the spirit of love, goodness, and gentleness. We are here to make a difference in the lives of others in need.

Grandma blessed many of her neighbors in need with the warmth of God's love. Paul's message of grace had touched my grandma's heart. She freely shared God's love through serving more than cookies and coffee.

Want to make a difference in someone's life? Lead with love. It can be quite simple. Maybe begin by listening to a neighbor in need. Maybe even serve them a cup of gentleness and a cookie, too.

Journaling:

What is your favorite cookie? Who would you like to share a cup of kindness with?

