



Weekly Devotion

Weekly Devotion for April 1

Numbered Days or a Heart of Wisdom?

by Mike Touzeau

Teach us to number our days that we may gain a heart of wisdom. – Psalm 90:12

Retiring to this amazing place, I cherish conversations with friends after a tennis match, a round of golf, or the times neighbors just meet in the street. Yet sometimes these conversations can easily turn to political differences, medical maladies, or people and things we don't like. I think God wants us to wake up each morning and look at the day ahead as another precious gift from Him, not as another opportunity to rehash our woes or focus on our human failures and afflictions. If we actually knew the number of days we had left, we might change our thoughts before we speak the next time we gather with others. I hope my thoughts would shift to gratitude for each new day, for the people I get to be with, for what I still get to do, and for sunrises yet to see. Perhaps I would gain a heart of wisdom for living those numbered days.

Journaling:

List what is really important to you at this stage of your life.

How can you change your thoughts to try to have a wiser and more positive perception of God's gifts in your remaining years?

