**Jesus Our Rest – Hebrews 4:1-13**

Paul continues his history lesson about Moses and the Israelites wondering in the wilderness and what all that meant. He wants to make sure they know – just being Jewish isn’t what gets you “into rest,” but it’s faith and belief in God.

1. **The Rest of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
   1. Make sure you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Vs. 1 – “….any of you should seem to come short of it.”
         1. You MUST have a Personal Relationship with Jesus Christ!
   2. This Rest is through \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Vs. 2 – “…..but the word preached did not profit them, not being mixed with faith….”
      2. Eph. 2:8 – “For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:”
      3. James 2:19 – “Thou believest that there is one God; thou doest well: the devils also believe, and tremble.”
      4. Vs. 3 – “For we which have believed do enter into rest…”
   3. This Rest is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Vs. 4 – “….. And God did rest the seventh day from all his works.”
      2. John 19:30 – “When Jesus therefore had received the vinegar, he said, **It is finished**: and he bowed his head, and gave up the ghost.”
2. **The Rest in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
   1. This Rest \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Gen. 1:28 – before the fall God had instructed them to work.
      2. 2 Thess. 3:10 – “For even when we were with you, this we commanded you, that if any would not work, neither should he eat.”
      3. Eph. 2:10 – “For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.”
   2. This Rest is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Mark 6:31 – “And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat.”
   3. This Rest comes from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Phil. 4:6-7 – “Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”
      2. Phil. 4:19 – “But my God shall supply all your need according to his riches in glory by Christ Jesus.”
      3. 1 Peter 5:7 – “Casting all your care upon him; for he careth for you.”
      4. Matt. 11:28-30 – “Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.”
3. **The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
   1. The Word is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Vs. 12 – “For the word of God is quick…….” (means alive; living)
      2. Isaiah 55:11 – “So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.”
   2. The Word is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Vs. 12 – “For the word of God is quick, and powerful……..”
      2. 1 Cor. 10:13 – “There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.”
      3. Jesus quoted scripture when He was tempted.
         1. Matt. 4:4 – “But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.”
         2. Matt. 4:7 – “Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.”
         3. Matt. 4:10 – “Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.”
   3. The Word \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      1. Vs. 12 – “…..and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”
      2. Vs. 13 – “…but all things are naked and opened unto the eyes of him with whom we…”

**If you’ve never accepted Christ for salvation, let me share with you the simple ABC’s of Salvation**

**A – Admit you’re a sinner undeserving of going to Heaven (Rom. 3:23, 6:23)**

**B – Believe Jesus died for your sins and rose again, proving that He was God (Rom. 5:8, 1 Cor. 15:3-4)**

**C – Confess Him as your Saviour, trusting Him as your way to Heaven (Rom. 10:9-10, Acts 16:31)**

If you have any questions about salvation please call Pastor Kurt @ 513-377-8645