

## WHAT NOT TO DO WHEN I HAVE PROBLEMS

### HOW GOD HELPS YOU THROUGH YOUR PROBLEMS – Part 1

Deuteronomy 31:6 (NLT) "So be strong and courageous. Do not be afraid and do not panic before them, for the Lord your God will personally go ahead of you. He will neither fail you, nor abandon you."

#### THREE MYTHS ABOUT PROBLEMS:

##### MYTH 1: LIFE SHOULD BE PROBLEM FREE

John 16:33 (NLT) (JESUS) "I have told you all this so that you may have peace in me. Here on Earth you will have many trials and sorrows. But take heart, because I have overcome the world."

##### MYTH 2: EVERY PROBLEM HAPPENS FOR A REASON.

##### MYTH 3: NO ONE UNDERSTANDS MY PROBLEMS.

Hebrews 4:15-16 (NLT) "This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. 16So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most."

#### WHAT NOT TO DO WHEN I HAVE PROBLEMS:

##### 1. I DON'T TURN AWAY FROM GOD.

Psalm 46:1 (NLT) *God is our refuge and strength. Always ready to help in times of trouble.*

James 4:8 (NLT) "Come close to God and God will come close to you."

## **2. I DON'T GET BITTER.**

Hebrews 12:15 (NLT) *Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.*

John 14:27 (NLT) (JESUS) *"I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid."*

## **3. I DON'T GIVE UP.**

2 Corinthians 4:8-9 (NLT) (Paul) *We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. 9We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed.*

Matthew 19:26 (NLT) (Jesus) *"Humanly speaking, it is impossible, but with God, everything is possible."*

1 Peter 5:7 *"Give all your worries and cares to God, for he cares about what happens to you."*

Psalm 32:8 *"The Lord says I will guide you along the best pathway for your life. I will advise you and watch over you."*