

Group Discussion Questions

The Truth About Lies: Fight for Truth

We live in a world filled with messages competing for our attention. When we hear something often enough, we may begin believing it, even when it isn't true. Jesus faced the enemy's lies in the wilderness, but He didn't give in. He knew God's Word and chose to live by it. **Authority comes as we fight to know and live in truth.** Fighting lies takes more than recognizing them. It means filling our minds with Scripture, staying connected to Jesus, and choosing His truth daily. We don't fight alone; the Holy Spirit helps us grow and walk in freedom!

GET THINGS STARTED

1. From Chapters 8 and 9, what challenged or encouraged you most?
2. What's something you believed for years simply because you heard it repeated, only to discover it wasn't true?
3. With so many opinions and messages available today, do you find it difficult to separate good information from bad?

GO DEEPER

1. Read **Matthew 4:1-11**. What do you notice about how Jesus responded to each temptation? What can we learn from His example?
2. Read **Matthew 4:3-4**. Jesus chose God's Word over immediate comfort. Why can doing what is right sometimes be harder than doing what feels good?
3. Read **Matthew 4:5-10**. How did Jesus refuse to let His circumstances or desires change what He knew was true about God?
4. Read **Hebrews 12:1-2**. What is the difference between something that is sinful and something that simply *hinders* our walk with Jesus? Why might we need to let go of both?

MAKE IT PERSONAL

1. What repeated messages from culture, social media, or your own thoughts have shaped what you believe about yourself, others, or God?
2. Jennie Allen talks about *pre-deciding* how we'll respond when a lie appears. What is one lie you recognize, and what Scripture could you prepare now to fight it?
3. What is currently taking more of your attention than it should? Could it be keeping you from spending time in God's Word, prayer, worship, or meaningful relationships?
4. Jennie Allen reminds us that change comes through connection, not just information. How could staying connected to Jesus and other believers help you fight for truth?

PRACTICE IT NOW

- Take a moment to identify **one lie you want to stop believing** and **one truth from God's Word you will choose instead**. If comfortable, share with the group.
- Then make a simple plan: **"When I begin believing _____, I will remind myself that God's Word says _____."**
- Pray for one another to recognize lies, remove distractions, and make room for God's truth.

Ask the Holy Spirit to help you not only KNOW what is true but LIVE what is true.