Group Discussion Questions

The Truth About Lies: The Battle for Truth

Lies rarely announce themselves as lies. They often sound reasonable, feel true, and may have been part of our thinking for so long that we no longer question them. But what we believe matters because **the lies we believe shape the lives we live**. Jesus invites us to look beneath the "cracks" we see in our lives and discover what we believe underneath them. As we remain in His Word, He reveals what is true and leads us into freedom. **The battle for our lives begins with the battle for what we believe.**

GET THINGS STARTED

1. What is something you believed as a child that you later discovered wasn't true?
2. Why can it be difficult to recognize a lie when we have believed it for a long time?
3. From Chapter 1, what thought, story, or statement stood out to you most? Why?

GO DEEPER

1. Read ***John 8:31-36***. Jesus connects abiding in His Word, knowing truth, and experiencing freedom. What do you think it looks like to "abide" in His Word rather than simply know what it says?
2. Read ***Genesis 3:1-5***. What did the enemy cause Adam and Eve to question about God's words and His character? Where do you see similar questions today?
3. Read ***Romans 12:2***. How are our thoughts connected to transformation? What are some voices that can shape our thinking if we aren't paying attention?
4. Read ***2 Corinthians 10:3-5***. What do you think it practically looks like to *"take every thought captive"* and bring it under the truth of Jesus?

MAKE IT PERSONAL

1. On page 12, Jennie Allen asks, *"What's the lie you believe?"* Then she asks an even deeper question: *"What truth have you forgotten?"* How would you answer either question today?
2. Think about the "cracks" that repeatedly show up in your life—fear, anger, comparison, control, insecurity, shame, or something else. Could a false belief underneath the surface be feeding that pattern?
3. What belief tends to show up when you are tired, afraid, rejected, insecure, or disappointed?
4. What voices are shaping your thoughts most right now? Are you making enough room for the voice and truth of Jesus?

PRACTICE IT NOW

- Take a moment to ask Holy Spirit: "Jesus, is there a lie I have believed that You want to replace with truth?" Don't force an answer. Listen and invite Him to reveal what is underneath the surface.
- If comfortable, share one lie or unhealthy belief you want to stop agreeing with. Then, as a group, help one another identify what God says is true instead.
- Pray that throughout this series God would uncover lies, renew your minds, and help you remain in His Word.

We do not have to accept every thought as truth. Jesus is the One who sets us free.