

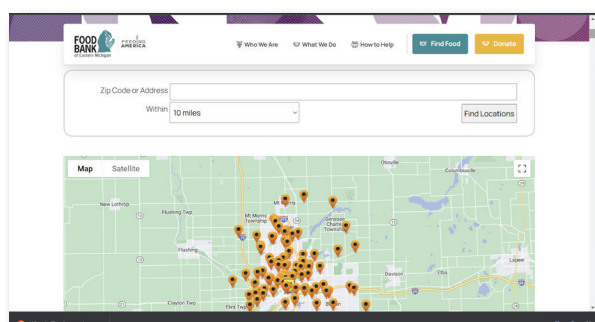
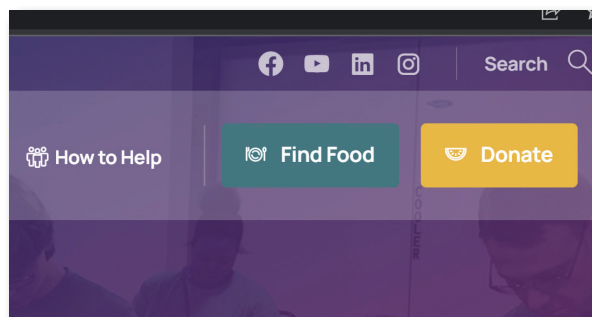


NEED HELP? FIND FOOD HERE

The Food Bank of Eastern Michigan supplies food, including fresh produce, proteins, and dairy products through a hunger relief network of nearly 700 hunger relief partners in 22 counties. To find a food distribution near you, please follow the instructions below.

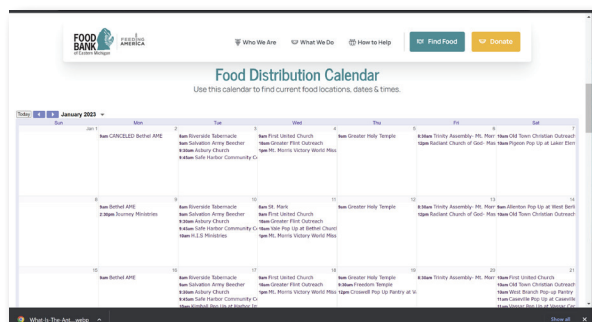
VISIT FBEM.ORG

1. On the top left, click **“Find Food.”**



2. Scroll down and type in your zip code under **“Agency Locator.”** A list of agencies near you, their contact information, and addresses will appear. Call the agency of your choice to find out pantry hours.

3. The **“Find Food”** page also includes our **MOBILE PANTRY** calendar with information on upcoming drive-through events in eastern Michigan.





ADDITIONAL RESOURCES

More than **210,000 people** in our service area experience hunger on a daily basis. If you need assistance there are resources that can help.

SNAP

The Food Bank's **SNAP outreach team** can help you apply for federal food assistance (Bridge Card). Visit **FBEM.org**, click on "Find Food", and click on the SNAP link.

211

The **United Way's 211 "First Call for Help"** line can refer you to agencies, food pantries, and other services (utility assistance, clothing, job training, etc.) near you. Visit **Mi211.org** for more information.

EASTERN MICHIGAN IMPACT

- The Food Bank distributes over 30 million pounds of food every year, half of which is **FRESH**:
 - **Produce – 9.5 million pounds**
 - **Dairy – 4 million pounds**
 - **Meats/Proteins – 3.5 million pounds**
- 1,823 Mobile Pantries delivered directly to neighborhoods in need
- 49,000 meals provided during the summer when school meal programs are not available
- 2,894 senior meal boxes delivered throughout the year to elder citizens in need
- 5,400 holiday meal boxes distributed in November and December to brighten the season

