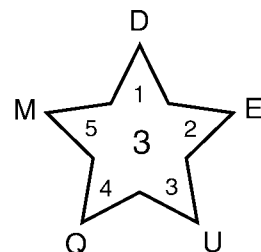
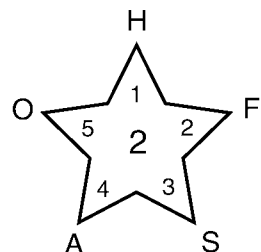
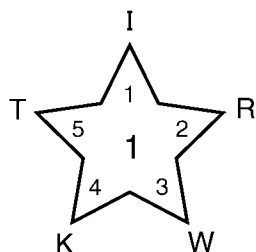




Moses prayed to God to
“teach us to number our days.”
What did Moses want us to gain?

Use the guide below to fill in the blanks.
The first number is the star number.



Teach us to number our days,
that we may gain a

2,1 3,2 2,4 1,2 1,5 2,5 2,2

1,3 1,1 2,3 3,1 2,5 3,5

Ages 7+

August 9, 2026 • Psalm 90:1-12

God, Our Dwelling Place

This psalm is a prayer of Moses.
What did Moses say?

Find the underlined letters in the picture below.

“Lord, You have been our dwelling place
throughout all generations.”



Centenary United Methodist Church

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(336) 724-6311

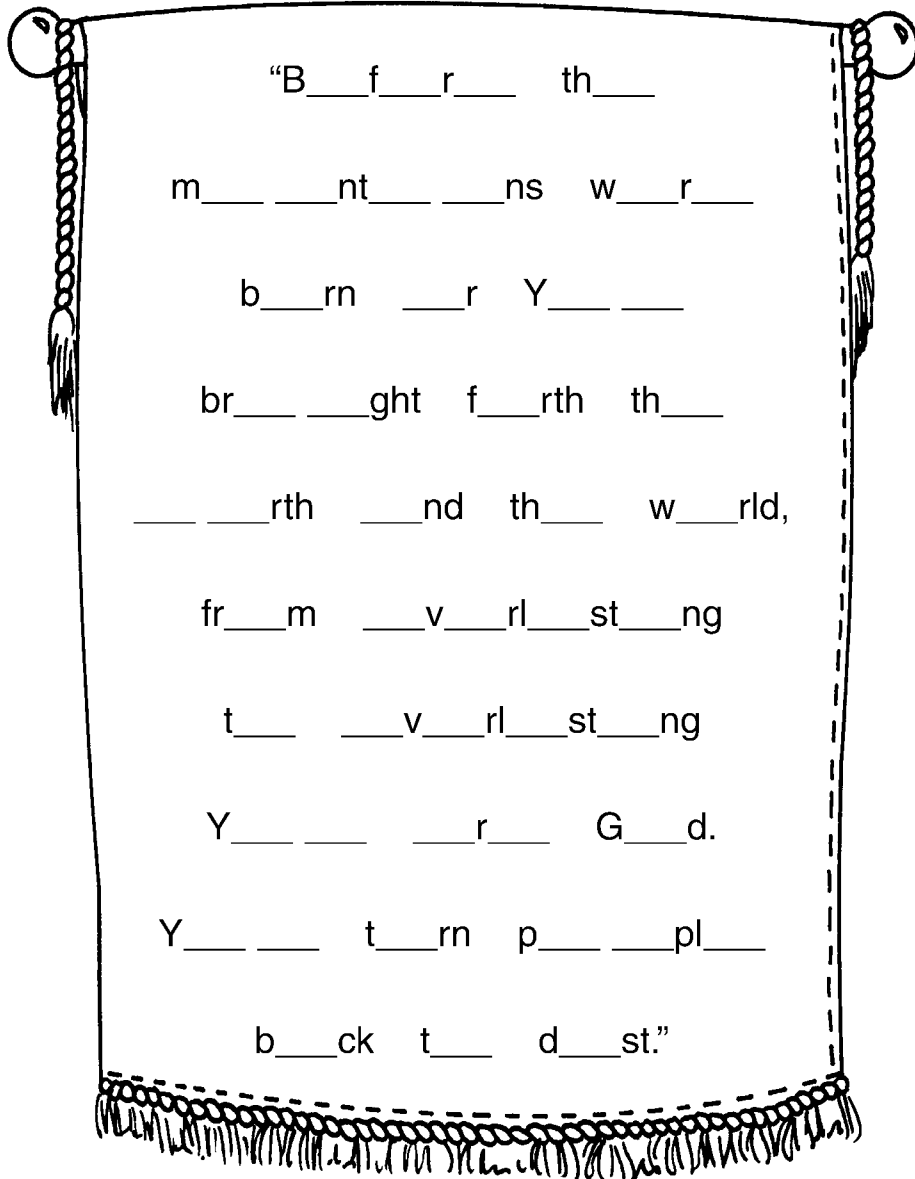
Questions about Centenary Kids?

Contact Rev. Kate May (kmay@centenary-ws.org).

What else does the psalm say?

Fill in the missing vowels.

e o e e o u a i e e o o o u o u o e e a a e
o o e e a i o e e a i o u a e o o u u e o e a o u



The psalm tells us more
about the Lord. What did it tell us?

Write all of the 1's in order.

Then return to the top and write all of the 2's in order.

Then return to the top and write all of the 3's in order.

For ¹	has ²	length ³	a ¹	just ²	of ³
thousand ¹	gone ²	our ³	years ¹	by ²	days ³
in ¹	or ²	is ³	Your ¹	like ²	seventy ³
sight ¹	a ²	years ³	are ¹	watch ²	or ³
like ¹	in ²	eighty ³	a ¹	the ²	if ³
day ¹	night ²	we ³	that ¹	The ²	have ³

"_____

_____, _____

_____ ... _____

_____, _____

_____ the strength."