

## READ IT

This week's Bible story is

### Jesus Teaches About Anger



from Matthew 5:21-37.

**We should obey God's laws in action and in heart.**

Ask each other what you remember about:

- Liable
- Altar
- Reconcile
- Commit
- Chastity
- Swear
- Vow

"Hell" of fire (5:22) is translated from the Greek name *Gehenna* which was a valley known for a fire rite.

**Read the whole story together in the Bible!**

*Spark Story Bible* pages 274-275

*Spark Bible* pages 1062-1063

## Family Prayer

Dear Lord, it can be easier to stop our actions than to stop our feelings. Help us to stop and get rid of sinful thoughts and feelings in order to make room for you. In Jesus' name we pray. Amen.

## TALK ABOUT IT



### Family Conversations

- 1 What makes you angry? What would Jesus want you to do about that anger?
- 2 Does it matter if you are angry if you don't act on it? Why or why not?
- 3 Who have you had to forgive? Who has had to forgive you? Why?
- 4 Write the numbers 1 through 10 on 10 slips of paper. Turn the papers number-side down and mix them up. Take turns. Pick a paper and turn it over. Recite the commandment that goes with the number on your paper.



### Eye Spark

Try to catch yourself when you see something and wish you could have it. When this happens, take a breath and blow the envious wish away.



### Ear Spark

Do you hear others speak the name of the Lord in vain? When you do, remember NOT to.

## LIVE IT

### For families to do together

Make up 10 funny commandments for the family to follow for the week.

### For younger kids

The next time you feel angry, remember what Jesus teaches and quickly shake off the anger. Shake, shake, shake your whole body until you are laughing instead of mad.

### For older kids

Find an eyeball-shaped stone and decorate it to look like an eye. Carry it in your pocket and, when you touch it, remember Jesus' admonition to pluck out your eye rather than let it lead you to sin. Let it remind you to resolve conflicts and not carry anger in your heart.

